

ARGENTINA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Kagyu Tekchen Chöling	(Asociación Jardín del Budismo Mahayana) Av. Melian 2171, Cap. Fed. Buenos Aires 1430 Spiritual Director: V.V. Bokar Rinpoche	Tel/Fax: 4543-4925 Email: kagyuargentina@kagyuargentina.org			1		
2	Dzogchen Community Choegyal Namkhai Norbu	Comunidad Dzogchen de Tashigar Calle Publica sin numero, El Durazno, Tanti, Provincia de Còrdoba Codigo postal 5155 - Poste Restante	Tel: 54-03541-498-356 Fax: 54-03541-498885 Email: secretaria@tashigar-sur.com.ar	1				
3	Dongyuling Drukpa Kagyu Center	Migueletes 1857 (timbre 1) 1425 Buenos Aires. Dorzong Rinpoche and Chogyal Rinpoche	Tel/Fax :(011) 4784-2753 Email: dongyuling.ba@gmail.com			1		

AUSTRALIA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Virupa Retreat Centre Lama Choedak	179 Douglas Close, CARWOOLA 2620, NSW Australia	6238 2088 / 0405 046 357 Email: mail@sakya.com.au		1			
2	Sakya Trinley Ling	P.O. Box 634,	Tel: 0425 226 062		1			

		Katoomba 2789, NSW Australia	Email: admin@sakyablue mountains.org					
3	Australian Institute of Buddhist Practice	15 Metalla Road, Toongabbie 2146, NSW Australia	Tel: 02 9896 4613 Email: office@aiblp.org.au dhawad@hotmail.com				1	
4	Australia Tibetan Buddhist Centre Inc	49 Malabar Avenue, Smith Creek, NSW - 2484 Australia	Tel: 02 6680 5780 / 0423 894 997 Email: geshelagedun@yahoo.com.au					
5	Tibetan Buddhist Society	175 Denison Road, Dulwich Hill, NSW- 2203	Tel: 02 9569 0918 Email: info@tibetanbuddhistsociety.net. au				1	
6	Dzogchen Community of Namgyalgar	P.O. Box- 2014, Central Tilba, NSW- 2546, Australia	Tel: 02 4473 7668 / 0468 456 108 Email: secretary@dzogchen.org.au	1				
7	Gyuto House	Byron Bay, NSW- 2481, Australia	Tel: 02 6688 2266, 0412 124 678 Email: gyuto@gyutoaus.com				1	
8	Kunsang Yeshe Retreat Centre (FPMT)	61 Rutland Road, Medlow Bath, NSW- 2780, Australia	Tel: 02 4788 1407 Email: info@kunsangyeshe.com.au				1	
9	Kyegu Buddhist Institute Inc	1/6 Lambs Road, Artarmon, NSW- 2064, Australia	Tel: 02 9990 1810, 02 8005 0758 Email: sakya@iinet.net.au or info@kbisysdney.org		1			
10	Liberation Prison Project (FPMT)	P.O. Box- 340, Blackheath, NSW- 2785, Australia	Tel: 0407 419 720 Email: Kevin@liberationprisonproject.o rg				1	
11	FPMT Australia Ltd	P.O. Box 514, LIDCOME 1825, NSW Australia	Tel: 02 4782 2095 Email: office@fpmta.org.au				1	
12	Vajrayana Institute (FPMT)	9 Victoria Square, Ashfield, NSW- 2131 Australia	Tel: 02 9798 9644 Email: office@vajrayana.com.au					1

13	Rigpa Australia	P.O. Box - 772, New Castle, NSW- 2300 Australia	Tel: 02 4963 7120 Email: rigpa.australia@rigpa.org.au	1				
14	Rigpa New Castle	10 Swan Street, Cooks Hill, NSW- 2300, Australia	Tel: 02 4925 2770 Email: newcastle@rigpa.org.au	1				
15	Rigpa Sydney	P.O. Box- K 56, Haymarket, NSW- 1240, Australia	Tel: 02 9211 5304 Email: sydney@rigpa.org.au	1				
16	Drogmi Buddhist Institute	P.O. Box- 388, Straithfield, NSW- 2135, Australia	Tel: 02 8005 1757 Email: info@drogmi.org		1			
17	E-Vam Institute	Harris Park, Parramatta, NSW- 2150, Australia	Tel: 02 9893 9008 Email: yeshenyima@live.com.au			1		
18	Sakya Tharpaling	110 Wentworth Street, Straithfield, NSW- 2135, Australia	Email: 02 9745 1888 Tel: info@sakya.org.au or temp@sakya.org.au		1			
19	Tashi Choling Buddhist Centre	1 Cairo Avenue, Padstow, NSW- 2211, Australia	Tel: 02 9789 1984, 0417 437 181 Email: tashicholing@yahoo.com				1	
20	Tharpa Choeling Abbey	85 Totness Valley Road, Totness Valley, NSW- 2850, Australia	Tel: 02 6373 4390 Email: yeshe@bluepadma.org		1			
21	Barom Kagyu Chorak Drupju Chuling	50 B, Wood Road, Sefon, NSW- 2162, Australia	Tel: 02 9786 5513 Email: baromkagyu.syd@gmail.com			1		
22	Barom Kagyu Chodrak	30 Darling Street, Roseville, NSW- 2067, Australia	Tel: 02 9419 3683 Email: barom.kc@gmail.com			1		
23	Sakya Kechari Institute	Unit 3a, 3 Warata Street, Monavale, Northern Beach, NSW, Australia	Tel: 0412 166 166 Email: sakyakechariinstitute@yahoo.com.au		1			
24	Australia Tibetan Buddhist Centre	49 Malabar Avenue, Smith Creek, NSW- 2484, Australia	Tel: 0423 894 997 Email: geshelagedun@yahoo.com.au				1	
25	Sakya Dolma Choeling	P.O. Box- 3709, Marsfield, Sydney,	Tel: 02 9874 7942 Email: boccaccio@bigpond.com		1			

		NSW- 2122						
26	Tsechen Samten Choe Ling	42 Bayline Drive, Point Clare, NSW- 2250, Australia	Tel: 02 4342 2284 Email: cudavidu@ozemail.com.au		1			
27	Dhamchoe Dhogu Ling	P.O. Box- 335, Taree, NSW- 2340, Australia	Email: pandjmorgan@ozemail.com.au		1			
28	Manjushri Buddhist Centre	P.O. Box 56, 40 Wason Street, Milton, Ulladalla, NSW -2539	Tel: 0415 931 204/ 02 4454 5760 Email: mbcmlton@gmail.com		1			
29	Sakya Losal Choe Dzong	P.O. Box 3430, Manuka, ACT 2603, Australia	Tel: 6238 2088/0405 046 357 Email: mail@sakya.com.au		1			
30	Rongton Buddhist Training College	25 Alderman Street, EVATT 2617, ACT Australia	Tel: 6238 2088 Email: mail@sakya.com.au		1			
31	Rigpa Centre, Canberra	Level 1A, 27 Mulley Street, HOLDER 2611, ACT, Australia	Tel: 02 62305093 Emil: canberra@rigpa.org.au	1				
32	Rigpa Brisbane	GPO Box- 2658, Brisbane, Qld - 4001, Australia	Tel: 07 30300649 Email: brisbane@rigpa.org.au	1				
33	Chenrezig Institute	33 Johnson Road, Eudlo, Sunshie Coast, Queensland, Australia	Tel: 07 5433 2108 Email: info@chenrezig.com.au				1	
34	Choegye Padma Choe Dzong	Harvey Bay, P.O. Box- 7366, Urangan, Qld- 4655	Tel: 07 4125 4490 Email: padma@optusnet.com.au		1			
35	Tharlam Ling Buddhist Group	13 Gill Street, Kinwan, Qld- 4817, Australia	Tel: 0499 026 184 Email: pheang@bigond.net.au		1			
36	Khacho Yulo Ling Buddhist Centre	348 Severin Street, Parramatta Park, Australia	Tel: 07 441 5556 Email: info@yuloling.com		1			
37	Dzogchen Community of Namgyalgar	P.O.Box- 307, Glasshouse Mountains, Qld- 4518	Tel: 0409 809 196 Email: joanna.gibling@bigpond.com	1				
38	Cittamani Hospice Service	230 Woombye Palmwood Rd, P.O. Box - 324, Palmwoods, Qld- 4555, Australia	Tel: 07 5445 0822				1	

			Email: cittamanihospiceservice@power up.com.au					
39	Ven Tenzin Namdag	296 Hansens Road, Te Kowai 4740, QLD Australia	Tel: 07-4954 5188 / 0429 024 339				1	
40	Karuna Hospice Service	P.O. Box 2020, Windsor 4030, QLD Australia	Tel: 07-3632 8300 Email: karuna@karuna.org.au				1	
41	Langri Tangpa Centre Inc	535 Old Cleveland Road, Camp Hill - 4152, QLD Australia	Tel: 07-3398 3310 Email: info@langritangpa.org.au				1	
42	Rigsum Gonpo Tibetan Buddhist Centre	25 Kiernam Street, Manunda, CAIRNS 4870, QLD Australia	Tel: 07-4053 2915 Email: maitreya@ Cairns.net.au				1	
43	Arya Tara Ser Ling Buddhist Centre	14 Aringa Way, Tallebudgera 4228, QLD Australia	Tel: 07-5522 5664 Email: s.aryatara@hotmail.com				1	
44	De-Tong Ling Retreat Centre	R.S.D. 418 Via Kingscote, Kangaroo Island - 5223, SA, Australia	Tel: 08 8559 3276 Email: info@detongling.org				1	
45	Tibetan Buddhist Institute	P.O. Box 1115, 8 Ross Avenue, Flinders Park - 5025, SA, Australia	Tel: 08 8351 8788 Email: tenzintara@hotmail.com				1	
46	Rigpa Centre, Adelaide	77 King William Street, Kent Town - 5067, SA, Australia	Tel: 08-8362 5888 Email: adelaide@rigpa.org.au	1				
47	Sakya Yigha Choeling Whyalla Meditation Centre	78 Wileman Street, Whyalla Playford, South Australia- 5600	Tel: 08 8645 8482 Email: rwa44722@bigpond.net.au		1			
48	Buddha House	P.O. Box 434, GLENSIDE 5065, SA Australia	Tel: 08-8333 2824 Email: info@buddhahouse.org				1	
49	Tsechen Thubten Choeling	P.O. Box- 573, Glenside, South Australia- 5065	Email: retreat@tsechen.org.au		1			
50	Gyuto House Australia Inc	Riverside Drive, Second Valley 5204, SA, Australia	Email: gyutoaus@bigpond.com				1	

51	Chagtong Chentong Tibetan Buddhist Centre	P.O. Box- 195, SNUG - 7054, TAS, Australia	Tel: 03 6267 9203 Email: secretary@chagtong.org.				1	
52	Palpung Kagyu Thigsum Chokyi Ghatsal Tibeian Buddhist Centre	P.O. Box 235, 13-15 Bryan Street, Launcenton 7250, TAS, Australia	Tel: 03 6331 0689 Email: office@kagyu.org.au			1		
53	Dorje Ling Retreat Centre	1078 Lorinna Road, LORINNA - 7306, TAS, Australia	Tel: 03 6363 5178 Email: caretakers@tashicholing.net				1	
54	Tashi Choeling Dharma foundation	P.o. Box- 593, North Hobart, Tasmania- 7002, Australia	Email: info@tashicholing.net				1	
55	Kagyu E-Vam Institute Buddhist Centre	673 Lygon Street, Carlton North 3054, VIC Australia	Tel: 03 9387 0422 Email: office@evaminstitute.org			1		
56	Sakya International Buddhist Academy(SIBA)	2592 Gelantipy Road, W-Tree 3885, VIC Australia	Tel: 03 5155 0329 Email: siba@sakya.com.au		1			
57	Tibetan Buddhist Society	1425 Mickleham Road, Yuroke 3181, VIC Australia	Tel: 03 9333 1770 Email: contact@tushita.org				1	
58	Rigpa Melbourne	Unit 8a, 205-207, Johnston Street, Fitzroy, Victoria- 3065, Australia	Tel: 03 9417 4488 Email: melbourne@rigpa.org.au	1				
59	Drokar Buddhist Centre	625 Nortons Road, Paraparap, Victoria- 3240, Austrialia	Tel: 03 5266 1788 Email: drolkarbuddhistcentre@hotmail.com				1	
60	The Great Stupa for Universal Compassion (Tsechen Chokhor)	25 Sandhurst Road, MYER FLAT 3556, VIC Australia	Tel: 03 5446 7568 Email: info@stupa.org.au				1	
61	Atisha Buddhist Centre	25 Sandhurst Town Road, P.O. Box- 97,	Tel: 03 5446 3336				1	

		Eaglehawk 3556, VIC Australia	Email: office@atishacentre.org.au					
62	Tara Institute	3 Marvis Avenue, Brighton East 3187, VIC Australia	Tel: 03 9596 8900 Email: admins@tarainstitute.org.au				1	
63	Tibetan Buddhist Rime Institute	1584 Borwood Highway, Belgrave, Victoria- 3160, Australia	Tel: 03 9754 6212 Email: temple@rimebuddhism.com				1	
64	Shenpen Australia	P.O. Box- 7125, Geelong West, Victoria- 3218, Australia	Tel: 0416 404 826 Email: shenpen@shepenaustralia.org	1				
65	Thupten Shedrubling Monastery	RMB 1530, Eaglehawk, Victoria- 3556, Australia	Tel: 035446 8550 Email: tsl@impulse.net.au				1	
66	Chogye Jamchen Choe Dzong	69 Yerrin Street, P.o. Box- 356, Balwyn, Balwyn, Victoria- 3103, Australia	Tel: 03 9857 3612 Email: jamchen@exemail.com.au		1			
67	Sakya Choekhor Lhunpo	P.O. Box 183, South Yara, Melbourne, Victoria- 3141, Australia	enquiry@melbournesakya.org.a u		1			
68	Beaumaris Buddhist Meditation Centre	27 Haywood Street, Beaumaris, Victoria- 3193, Australia	Tel: 03 9589 1838 Email: bbmc@bigpond.net.au				1	
69	Melbourne Tibetan Buddhist Centre (MTBC)	1/246 Grange Road, Carnegie	Tel: 03 9576 7792 Email: info@melbournetibetanbuddhist centre.org				1	
70	Hospice of Mother Tara	18 Clifton Street, Bundury - 6230, WA, Australia	Tel: 08 9781 9798 Email: welcome@hmt.org.au				1	
71	Phendheling Buddhist Centre	P.O. Box- 160, Hamilton Hill, WA- 6963	Tel: 08 9418 7038 Email: phendheling@bigpond.com				1	
72	Rigpa, Albany	P.O. Box- 5087, Albany - 6332, WA, Australia	Tel: 0422 426 042 Email: albany@rigpa.org.au	1				

73	Rigpa, Perth	Norm Jackson	Tel: 08 9319 1838 Email: perth@staff.rigpa.org.au	1				
74	Tashi Choeling Buddhist Centre	48 Watkins Street, Perth White Gum Valley, WA- 6162	Tel: 08 9336 1397 Mail: tashichoelingperth@hotmail.com				1	
75	Hayagriva Buddhist Centre	64 Baksia Terrace, Kensington, WA- 6151, Australia	Tel: 08 9367 4817 Mail: welcome@hayagriva.org.au				1	
76	Tibetan Buddhist Society	274 Campersic Road, HERE NE HILL - 6056, WA, Australia	Tel: 08 9296 0086 Email: contact@tibetanbuddhistsociety.com.au				1	

BOLIVIA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Sakya Tashi Ling bolivia	La Paz, Bolivia Contact: Luisa Quiroz	Tel: 70618919 Email: stlboliva@mail.com Web site: www.sakyapa.org/bolivia		1			

BRAZIL

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Centro budista Tibetano Kagyu Pende Gyamtso	Condominio Jardim Amirica Lotes F1/F3, G2/G4, 73, 000-	Tel: 55 61 9879205, Fax: 3467913			1		

		000 Brasília (Sobradinho II) Federal District Brazil Kalu Rinpoche	Email: info@kalu.org.br www.kalu.org.br					
2	Karma Theksum Chokhorling	Estr. dos Bandeirantes, nº 25636, Vargem Grande - Rio de Janeiro - RJ - Brasil CEP 22785-090 Kalu Rinpoche's centers	Tel. 55.21.2428-1245 Fax. 55.21.2428-7237 Email: office@kctc.org.br			1		
3	Kagyu Dak Shang Choling K.D.C.	Sociedade Brasileira de Tai Chi Chuan e Cultura Oriental Rua José Maria Lisboa, 612 - sala 07, CEP 01423-001 Sao Paulo - SP	Tel: 55-11-884-8943 or 493-3912 Email: sbtcc@dialdata.com.br			1		
4	Sao Paulo Shambhala Meditation Group	R. Joao de Souza Dias 394/102 Sao Paulo, SP 04618-002, Brazil	Tel: 5511 531-4991, Fax: 5511 542-5224 Email: info@shambhala-brasil.org			1		
5	Chagdud Gonpa Khadro Ling	Estrada Linha Águas Brancas, 1211 Três Coroas, RS Brasil Chagdud Khadro; CX Postal 121 95 660 000 - Tres Coroas, RS, Brasi	Tel: 011-55-51-501-1411, Fax: 501-3023 Email: chagdud@chagdud.org Web site: www.chagdud.org	1				
6	Chagdud Gonpa Odsal Ling	R. Brás Cubas, 258 Bairro Aclimação, São Paulo, 04190-040 Contact: Luciana Frugoli or Diana Potter	Tel: 55 (11) 5579-3379 or 5083- 3880 Fax: 55 (11) 5579-3379 or 5083-3880 Email: sangha@odsal-ling.org	1				
7	Chagdud Gonpa Rigdjed Ling	Cx. Postal 5140 CEP 88040-970, Florianopolis, SC	Tel: +55-48-237-4252 Email: cggueira@ced.ufsc.br	1				
8	Centro de Estudos Budistas Bodisatva - São Paulo	Rua Maestro Cardim, 1024 (atrás do Shopping Paulista) - Paraíso	Tel: (11) 3266 5372 Email: cebbsp@cebbsp.org	1				

9	Centro de Estudos Budistas Bodisatva	R. Barão do Cerro Largo, 487 90850-110, Menino Deus - Porto Alegre	Tel: (51) 3233-5161 E-mail: prajna@terra.com.br	1				
10	Instituto Nyingma do Rio de Janeiro	R. Casuarina, 297 - Casa 2 - Humaitá Rio de Janeiro 22261-160 Brazil	Tel: (21) 2527-9388 / (21) 2286-8426 Email: nyingmario@barralink.com.br Web site: www.nyingmario.org.br	1				
11	Instituto Nyingma do Brasil	Rua Cayowáa, 2085 • Sumaré • Próximo Estação Metro Vila Madalena 01258-011 • São Paulo • SP	Tel [11] 3864 4785 Fax [11] 3673 0292 Email: nyingmasp.@nyingma.com.br	1				
12	Centro de Budismo Tibetano Dudul Phurpa Ling	Caixa Postal 70.180, Rio de Janeiro, RJ 22422-970	Tel: 55 21 22476005 Email: kilaya@kilaya.com	1				
13	Muriella and Washington Malaga	Espaco Tripitaka rua prof. Pedro Pedreschi 71 02372-000 Sao Paulo SP. Choegyal Namkhai Norbu's	Tel: 11-62042924/62621819 Email: dzogchenbrasil@uol.com.br	1				
14	Centro Shiwa Lha, FPMT	Rua Almirante Tamandaré, 66/505 Catete-Rio de Janeiro CEP-22210-060	Tel: (21) 261 9399 Email: shiwalha@bighost.com.br				1	
15	Kalachakra Study Group (FPMT - Study Group)	Rua Abdon Batista 121 Sala 1509, Centro-Joinville Santa Catarina State - cep 89201-010	Tel: (47) 455 0506 Email: sgouveas@uol.com.br				1	
16	Naljorma Study Group, FPMT	Rua do Benjoim 170, apt. 502 Caminho das Árvores Salvador, Bahia 41.820-340	Tel: (55) (71) 3451 4543 Email: tiagocajahyba@yahoo.com.br				1	

17	Sakya Kun Khiab Chöling	Rua Roquete Pinto, 60/103 22291-210 Rio de Janeiro - RJ	Tel/Fax: 55-21-275-6177 Email: sakyabr@openlink.com.br		1			
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BELGIUM

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Institut Yeunten Ling	Château de l'Eveque 4500 Huy	Tel : 085 27 11 88 Fax : 085 27 11 99					
2	Ogyen Kunzang Choeling	111, rue de Livourne 1050 Bruxelles	Tel : 02 648 14 07 Fax : 02 275 60 82					
3	Institut Tarab Belgique	Avenue de l'Université 68/6 1050 Bruxelles	Tel : 02 640 46 45 Fax : 02 640 46 45					
4	Karma Shedrup Gyaltsö Ling	33, rue Capouillet 1060 Bruxelles	Tel : 02 537 54 07 Fax : 02 637 4245 www.samye.be					
5	Rigpa Belgique	Rue Fernand Bernier 10 1060 Bruxelles	Tel : 02 534 06 72 brigitte.demees@chello.be					
6	Benchén Phuntsok Ling	Allmuthen 33 4760 Büllingen Belgium	Phone: +32 (0)80 549383 Fax: +32 (0)80 549385					
7	Bodhicharya Brussels	Rue d'Edimbourg 23 1050 Bruxelles	Tel : 02 514 14 49 Fax : 02 644 38 00 office@bodhicharya.org					
8	Dzogchen Gelek Palbar Ling	39, rue Saint Norbet 1090 Bruxelles	Tel : 02 514 18 38 Fax : 02 723 89 87					
9	Padma Ling Belgique	141, Boulevard Anspach 1000 Bruxelles	Tel : 02 512 21 61/ 04 86 40 12 57 Padmaling.belgique@ibelgique.com					
10	Institut Nalanda asbl	50, rue de l'Orme 1030 Bruxelles	Tel : 02 675 38 05 Fax : 02 675 38 90 nalanda-tibinst.org					

11	Tibetaans Instituut vzw	Kruispadsraat 33 2900 Schoten	Tel : 03 685 09 19 Fax : 03 685 09 91					
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CANADA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Tsengdok Monastery Association	Tsengdok Rinpoche 1502 Angus Drive Vancouver BC v6j 4h3 Canada	Telephone: [604-288-8266] Email: [Tsengdokmonastery@gmail.com]					
2	Thrangu Monastery Canada	Thrangu Rinpoche 8140 No. 5 Road Richmond BC V6Y 2V4 Canada	Tel: +1 (778) 297-6010 Fax: +1 (778) 297-6033 email: office@thrangumonastery.org					
3	Amitabha Foundation	Ayang Rinpoche 4025 Triumph Street, Burnaby, BC, Canada	Phone: 1-604-726-5106 E-mail: amitabhafoundation.vancouver@gmail.com					
4	MAITRIVANA	Lama Rabten Tshering Nalandabodhi Vancouver 4610 Earles Street Vancouver, British Columbia V5R 3R2 Canada	vancouver@nalandabodhi.org					
5	Sherab Chamma (Jampa) Ling	Geshe Yong Dong 407A 5th Street (at England) Courtenay BC, Canada Mailing Address: 12 - 390 Cowichan Ave. Courtenay B.C. V9N 7T4, Canada	Tel: (250) 334-0306 Email: chamma@telus.net					
6	Manjushri Buddhist Centre	Ven. Khenpo Lobsang Jamyang Rinpoche 705 Chemin Chambly Longueuil, Quebec, J4H 3M2	Tel: (450) 677-5038 Fax: (450) 466-1142					

			URL: http://www.geocities.com/manjushri_cntr/					
7	Riwoche Tibetan Buddhist Temple	Khenpo Sonam Topgyal 28 Heintzman Street, Toronto, Ontario, Canada M6P 2J6 ·	(416) 766-7964 pema@riwoche.com					
8	Jamtse Choeling Monastery	Ven. Neten Rinpoche 598 Browns Line Toronto, ON M8W3V5	647.343.6827 dolkemp@yahoo.com					
9	Karma Sonam Dhargyeling	Lama Tenzin Dakpa 7 Laxton Ave. Toronto, ON M6K1KB	416.653.5371 tenzinksdl@gmail.com, www.ksdl.org					
10	Palyul Pema Mani Centre	Tulku Dawa Gyalpo 496 Horner Ave Toronto, ON M8W2B8	647.707.0029 palyulpemamani@gmail.com					
11	Gaden Jangtse Monastery Center	Geshe Passang 96 Jameson Ave Toronto, ON	647.870.9641 gajangcanada@gmail.com					
12	Sakya Choekhorling Toronto	Mr. Ngawang Choephel 31 Stephen Drive Toronto, ON M8Y3M7	647.233.5159 sakyatoronto@gmail.com					
13	Sera Jey Buddhist Centre Canada	Mr. Thupten Jamphel 261 Gama St Toronto, ON M8W4G9	647.889.1046 serajeycanada@gmail.com					
14	Orgyen Donga Choeling	Ven. Thraril Chorjor Rinpoche Toronto, ON Canada	416.841.9111 Email: odchoeling@gmail.com, chorjor3@gmail.com					
15	Jampel Nyingpo Ling	Director: Geshe Ngawang Singey 23 Charles Lane Amherst, MA 01002	Tel: 413.834.8888 Email: jampelnyingpoling@gmail.com					
16	Drepung Gomang Institute	Geshe Kalsang Rapgyal 411 North Hubbards Lane Louisville, KY 40207	Phone: 502-614-5616 email: drepunggomangcompassion@gmail.com					

CHILE

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyü	Gelug	Secular
1	Centro de Meditacion Drikung Kagyu	2429 Mayflower, Providencia, Santiago Region Metropolitana, Chile	Tel: (562) 417 9018 Email: centromeditacion@drikungkagyu.cl			1		
2	Drikung Samten Ling	Cesar Jimenez # 1081 Rancagua, VI Region, Chile	Tel: 56-72-211864, Fax: 56-72-294220			1		
3	Centro Budista Tibetano Choe Khor Ling	C/0 Universidad Andrés Bello, Av. República 206, Sala es la 101, Edificio R7Santiago de Chile	Tel: 56 09 6538682 Email: apadrina_al_maestro@budismotibetano.cl				1	
4	Shambhala Buddhist Center	República de Cuba 2226 – Providencia Santiago, Chile	Teléfono +56 (2) 223 68 27 Email: info@shambhala.cl www.shambhalachile.cl			1		

COLOMBIA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyü	Gelug	Secular
1	Centro De Meditacion Budista K.T.C	Dalle 63 no. 3-04 Bogota, Cundinamarca 57 Colombia	Tel: +57-1-249-78-13 Email: info@ktccolombia.com Website: http://www.ktccolombia.com			1		
2	Centro Yamantaka, FPMT	Cra 45A-145B-51 Bogotá - Colombia	Tel: +57 – 1 – 216 9292 Email: olssmintrol@yahoo.com Web site: www.yamantakabogota.org				1	

COSTA RICA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Asociación Cultural Tibetano-Costarricense	Barrio Amón, San José, Costa Rica Contact: Maritza Pacheco	Tel: 258-02-54, 222-77-68 Email: actc@tibetencostarica.com www.tibetencostarica.com/				1	

EL SALVADOR

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Casa Tibet El Salvador	Lhundrup Changchub Ling "Jardín de la Iluminación Espontánea" San Salvador, El Salvador	Tel: (503) 708 5733 Email: lhundrup_5@hotmail.com				1	
2	Kusum Ling Study Group, FPMT	Urbanización Toluca Poniente Avenida Augusta No. 58 San Salvador, El Salvador C:A.	Tel: 765-2380 Email: yanips@hotmail.com				1	

FRANCE

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Thar Deu Ling	Venerable Lungrig Namgyal Former Ganden Tri Rinpoche Bâtiment D 1, 68 rue Archereau 75019 PARIS	Tel 01 46 07 24 17 www.thardeuling.com				1	
2	Institut Gephel Ling	Venerable Dagpo Rinpoche Jampel Gyatso Ven. Geshe Thubten	Tel 01 64 31 14 82 – Fax 01 64 70 69 60 Site http://www.gandenling.org				1	

		Chemin de la Passerelle 77250 VENEUX LES SABLONS						
3	Venerable Sogyal Rinpoche Lerab Ling	L'Engayresque 34650 Roqueredonde	Tel 04 67 88 46 00 E-mail lerab.ling@rigpa.org Site www.lerabling.org	1				
4	Venerable Lama Gyourme Kagyu Dzong	Route de la Petite ceinture du Lac Daumesnil 75012 PARIS	Tel 01 40 04 98 06 E-mail contact@kagyu-dzong.org Site : www.kagyu-dzong.org			1		
5	Centre Detchen Eusseling	Geshe Thupten Khedrup 12 rue Paul Vaillant Couturier 94140 Alfortville	Tel 01 48 93 64 87 E-mail del.secretariat@free.fr Site www.detchen-eusel-ling.com			1		
6	Ngor Ewam Phende Ling	Venerable Phende Rinpoche 3, rue du Bout de la Ville 27180 LES VENTES Tel Marie et Grégory 06 13 43 64 71 (12h à 14h les lundis et jeudis)	Site www.sakia-ngor.org		1			
7	Dhagpo Kagyu Ling	Venerable Lama Jigme Landrevie 24290 SAINT LEON SUR VEZERE	Tel 05 53 50 70 75 - Fax 05 53 50 80 54 Site http://www.dagpo-kagyu-ling.org			1		
8	Karma Migyur Ling	Venerable Lama Teunsang Montchardon 38160 IZERON	Tel 04 76 38 33 13 - Fax 04 76 38 41 91 E-mail accueil@montchardon.org Site www.montchardon.org			1		
9	Institut Vajra Yogini	Geshe Tengay Venerable Yeshe Trinley	Tel 05 63 58 17 22 E-mail				1	

		Château d'en Clauzade 81500 MARZENS FPMT centre	institut.vajra.yogini@wanadoo.fr Site www.institutvajrayogini.fr					
10	Nalanda Monastère	81500 LA BASTIDE St GEORGES Geshe Tendar Geshe Lobsang Jamphel Geshe Lobsang Tengye Geshe Tenzin Loden FPMT centre	Tel 05 63 58 02 25 - Fax 05 63 58 19 87 E-mail institut.vajra.yogini@wanadoo.fr Site www.nalanda- monastere.org				1	
11	Centre d'Etudes de Chanteloube	Venerable Trulku Pema Wangyal Venerable Jigme Khyentse Rinpoche La Bicanderie 24290 ST LEON SUR VEZERE	Tel 05 53 50 75 24 - Fax 05 53 51 02 44 E-mail chanteloube@wanadoo.fr Site http://www.chanteloube.asso.fr/					
12	Sakya Tsechen Ling	Geshe Sherab Gylatsen Amipa Rinpoche Geshe Drakpa Woesser 5. rond Point du Vignoble 67520 KUTTOLSHEIM	Tel 03 88 60 74 52 - Fax 03 88 87 79 06 E-mail sakyatsechenling@wanadoo.fr Page Web http://assoc.orange.fr/sakyatsechenling/		1			
13	Urgyen Samye ChöLing	Shenphen Dawa Rinpoche Laugeral 24290 ST LEON SUR VEZERE	Tel 05 53 50 75 29 E-mail acbn@laugeral.org Site www.laugeral.org					
14	Congregation Pel Drukpay Tcheutsok	Ven. Drubpon Ngawang Tenzin 56770 PLOURAY	Tel 02 97 34 82 65 E-mail congregation@drukpa.eu Site www.drukpa.eu			1		

15	Dashang Kagyu Ling	Ven. Lama Sherap Ven. Lama Seunam Ven. Lama Orgyen Chateau de Plaige 71320 LA BOULAYE	Tel 03 85 79 62 53 - Fax 03 85 79 62 56 Site www.mille-bouddhas.com			1		
16	Kagyu Rinchen Tcheuling	Ven. Lama Sonam 2468 route de Mende 34090 MONTPELLIER	Tel 04 67 52 56 58 - Fax 04 67 52 93 72 E-mail krtl@wanadoo.fr Site www.krtl-kyolt.org			1		
17	Ven. Mogchok Rinpoche	C/O Thomas Angles 35 rue Farges 13008 MARSEILLE	Site www.mogchokrinpocheasso.fr/					

GERMANY

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Rigpa Germany	Office (<i>Geschäftsstelle</i>) Soorstr. 85, 14050 Berlin	tel +49 (0)30 23 25 50 10 fax +49 (0)30 23 25 50 20 info@rigpa.de www.rigpa.de	1				
2	Rigpa Berlin Dharma Mati	Rigpa Berlin Dharma Mati	tel 030 23 25 50 24 berlin@rigpa.de	1				
3	Rigpa Düsseldorf	Rigpa Düsseldorf	tel 0211 680 21 50 (AB) infotel 0211.933 64 40 duesseldorf@rigpa.de	1				
4	Rigpa Frankfurt	Rigpa Frankfurt	tel 069 63 19 88 52 frankfurt@rigpa.de	1				

5	Rigpa Freiburg	Rigpa Freiburg	tel 0761 290 91 18 freiburg@rigpa.de	1				
6	Rigpa Fürth	Rigpa Fürth	tel 09621 76 14 08 franken@rigpa.de	1				
7	Rigpa Hamburg	Rigpa Hamburg	tel 040 219 2658 hamburg@rigpa.de	1				
8	Rigpa Heidelberg	Rigpa Heidelberg	tel 06221 588 03 36 infotel 06391 57 03 heidelberg@rigpa.de	1				
9	Rigpa Kassel	Rigpa Kassel	tel 0561 683 74 kassel@rigpa.de	1				
10	Rigpa Köln	Rigpa Köln	infotel 0211 589 04 25 koeln@rigpa.de	1				
11	Rigpa München	Rigpa München	tel 089 834 45 58 muenchen@rigpa.de	1				
12	Rigpa Stuttgart	Rigpa Stuttgart	tel 07153 727 30 stuttgart@rigpa.de	1				
13	Frankfurt Shambhala Meditationszentrum	c/o Die Halle, Höhenstraße 20 Frankfurt	phone: 069 46094923 contact: info@meditation- frankfurt.de frankfurt.shambhala.info					1
14	Hamburg Shambhala Meditationszentrum	Hansastr.19 Hamburg	phone: 040 - 422 17 96 contact: hamburg@shambhal a.info hamburg.shambhala- europe.org					1

15	Köln Shambhala Meditationszentrum	Kartäuserwall 20 Köln	phone: 0221 310 2412 contact: info@shambhala-koeln.de shambhala-koeln.de					1
16	Marburg Shambhala Meditationszentrum	Auf dem Wehr 33 Marburg	phone: 0173 8246019 contact: marburg@shambhala.info www.marburg.shambhala.info					1
17	Shambhala Europe	Kartäuserwall 20 Köln	phone: (0)221 310 2400 contact: office@shambhala-europe.org shambhala-europe.org					1
18	German Palyul Center e.V.	Tibetisch Buddhistisches Zentrum Lekmkaulweg 31, 66119 Saarbrücken	Tel: 49 (0) 681 970 58 55 Fax: 49 (0) 650 160 24 57 Website: www.palyul.de email: palyul@gmx.de	1				
19	Karma Kagyü Gemeinschaft Deutschland e. V.	(German Karma Kagyu Trust) Kloster Langenfeld Kirchstr. 22 56729 Langenfeld, GERMANY	Phone: [49] (2253) 960-087 Fax: [49] (2253) 960-088 E-mail: horst.rauprich@t-online.de			1		
20	Kamalasila Institut®	Kloster Langenfeld Kirchstr. 22 56729 Langenfeld, GERMANY	Phone: [49] (2655) 93-90-40 Fax: [49] (2655) 93-90-41 E-mail: kamalashila@t-online.de Website: www.kamalashila.org			1		
21	Theksum Tashi Chöling (TTC-Berlin)	Körte Str. 4	Phone / Fax: [49] (30) 6959-8265			1		

		D-10967 Berlin, GERMANY	E-mail: ttcberlin@ttcberlin.de Website: www.ttcberlin.de					
22	Chime Rinpoche Sangha Berlin	Löwenbrucher Weg 31 12307 Berlin, GERMANY	Phone / Fax: [49] (30) 7447469			1		
23	Karma Thegchen Chöling	Neustadtwall 15 D-28199 Bremen, Germany	Phone / Fax: [49] (421) 872-9970 E-mail: ktc-bremen@gmx.de or ktc-remen@bigfoot.com			1		
24	Thrangu Tashi Choling e.V.	(A center and non-profit Foundation for sponsorship & donations) Am Treutengraben 14 D-60488 Frankfurt, GERMANY	Phone: [49] (69) 711-260651 E-mail: webmaster@rinpoche.de Websites: www.rinpoche.de			1		
25	Amrita Dzong Frankfurt	63067 Offenbach Geleitstr. 92, Frankfurt, GERMANY	Phone / Fax: [49] (69) 810424			1		
26	Studiengruppe für buddhistische Texte	Contact: Ute Reitz 60598 Frankfurt, Großer Hasenpfad 45	Phone / Fax: [49] (69) 618996			1		
27	Kagyu Samten Chöling	please contact: Dr. Annemarie Dross Langenfeld Kirchstr.22	email: aedross@aol.com			1		

28	Amrita Jong	79117 Freiburg, Schäfergasse 5	Phone / Fax: [49] (761) 66606			1		
29	Karma Choeling Bookholzberg	Stedinger Str. 39 27777 Ganderkesee – Bookholzberg	Phone: [49] (4223) 93 24 91 Fax: [49] (4223) 93 24 90 E- mail:karmachoeling@buddhama il.net Website: www.karmachoeling.de			1		
30	Karma Thekchen Yi Ong Ling	Auf dem Kuppen 7 D-51570 Windeck / Halscheid, GERMANY	Phone: [40] (2292) 7438 Fax: [40] (2292) 6327 Website: www.halscheid- retreat.de			1		
31	Theksum Tashi Chöling (TTC-Hamburg)	Harkortstieg 4 D-22765 Hamburg, GERMANY	Phone [49] (40) 38 32 38 Fax [49] (40) 38 61 24 35 E-mail: info@ttc-hamburg.de Website: www.ttc-hamburg.de			1		
32	Karma Changchub Chö Phel Ling	Friedensstr 20 D-69121 Heidelberg, GERMANY	Phone [49] (6221) 410-495 Fax [49] (6221) 473-285 E-mail: BudZentrHD@aol.com Website: www.kcccpl-hd.de			1		
33	Vajra Vidya Center	Wackerstraße 47b D-88131 Lindau, GERMANY	Phone / Fax: [49] (8382) 6807 E-mail: schmidwolfgang@gmx.de			1		
34	Dhagpo Gyurme Ling	Wallmenichstr, 2 D-81369 München, GERMANY	Phone: [49] (89) 71-76-96			1		
35	Studiengruppe Tulku Chime Rinpoche	81245 München, Bergsonstr.65	Phone / Fax: [49] (89) 8111579 Email: wmmunfried@aol.de			1		
36	KARMA SHERAB LING MÜNSTER	c/o Josef Kerklau Verth 14 a	Phone & Fax: [49] (2504) 6506 Website: www.kagyu- muenster.de			1		

		D-48291 Telgte	E-mail: info@kagyu-muenster.de					
37	Benchen Phuntsok Ling	c/o Langkau Bergstr. 7 D-72622 Nürtingen, Germany	Phone: [49] (7022) 41404 Fax: [49] (7022) 45260 E-mail:klaus.mail@gmx.de Web: www.benchen.org			1		
38	KARMA DHAGPO GYURME LING	Fliederweg 15 82319 Starnberg	Phone: [49] (8151) 83 83 E-mail: KOSSJW@t-online.de			1		
39	Karma Tengyal Ling e. V.	Neuruppiner Str. 6 16775 Stechlin – Menz	Tel. +49 33082 – 50289 Fax +49 33082 – 51437 Web: www.karma-tengyal-ling.de E-mail: info@karma-tengyal-ling.de			1		
40	Kagyu Benchen Ling	Mühlematt 5 79682 Todtmoos-AU, Germany	Tel: [49] (7674) 1011; Fax: [49] (7674) 1082 E-mail:KagyuBenchenLing@t-online.de			1		

GEORGIA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Dzogchen Urgyen Shedrup Dudul Ling	Post Box # 96 Tblisi 380094 Tbilisi	Email: datorukhadze721@yahoo.com Tel: +995 32 38 9524, 995 99 400367	1				

2	Drikung Dewachen Dharmagruppe Schweinfurt	Drikung Dewachen Dharmagruppe Schweinfurt Bernd Stuhmann Nachtigallenweg 7 97422 Schweinfurt				1		
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GUATEMALA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Casa Tibet Guatemala	7 Calle 1-41 Zona 10 Casa # 7 Ciudad de Guatemala, Guatemala, 01010, Guatemala	Tels. (502) 2331-9453 and 5201-7681 Email: info@casatibetguatemala.org					
2	Losang Chogyel Grupo de Estudio, FPMT	4a Calle 1-43 Zona 1 Guatemala City, Guatemala 5702 3888; (502) 5806 8689	Email: losangchogyel@yahoo.com				1	

INDONESIA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Erdi Karmapa Centre	Jl. Pluit Raya No.132 A, Penjaringan, Jakarta Utara, 14440, Indonesia	Tel: 62 21 66698048 / 62 21 66698049 Email: info_erdi@karmakagyuindonesia.com			1		
2	Lama Serlingpa Bodhicitta Study Group, Zopa Rinpoche	Jl. Taruna Jaya, No.47, Kelurahan Sulanjana, Jambi-Indonesia 36144	Email: herni_kim@yahoo.com				1	
3	Potowa Centre, Zopa Rinpoche	Jl. Ujung Pandang No 6, Cimone Mas Permai II, Tangerang 15114	Tel: 62 21 93592181 Email: info@potowa.org				1	

INDIA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Rigpa India	Rigpa House Ra46, Inderpuri PO Pusa, New Delhi 12	Tel: 91-11-5851660 Email: mauro@vsnl.com	1				
2	Tsechu Association	16 M. C. Road Darjeeling, W.B. India	Tel: 0091-0354-53077	1				
3	Palyul Changchub Dargyeling	P.O. Dirang, pin 790101 West Kameng, A. P. India		1				
4	Rigpa Karnataka	PO Dhondenling Tibetan Settlement, Odeyarapalya, Kollegal Taluk, Chamarajanagar District, Karnataka 571 457	tel & fax +91(0)8225 273267 tel +91(0)8225 273247 Email: info@dzogchen.org.in	1				
5	Tashi Phelgyaling Meditation Center	Bodh Gaya, Bihar state, India	Email: office@kagyu.org			1		
6	Kagyu College	Kagyu College Center for Higher Buddhist Studies and Research P.O. Kulhan, Sahastradara Road Dehra Dun 248001 U.A. India	Ph: +91-135-2607116 Email:kagyucollege@yahoo.com			1		
7	Zurmang Kagyud Buddhist Foundation	Gangtok, Lingdum, East Sikkim, India	Tel: 91-3592-29615 Fax: 91-3592-29614 Email: karma@zurmangkagyud.org			1		
8	Gyalwang Drukpa Charitable Trust	B 76 Back portion, Sarvodaya Enclave New Delhi 110017, India	Tel: +91-11-6867852, Fax: +91-11-6961462 Email:			1		

			9delhi@drukpa-kargyud.org					
9	Bir Sakya Lama's School	PO Chowgan, via Bir, Dist Mandi Himachal Pradesh			1			
10	Lotsawa Rinchen Zangpo Translator Programme	Contact: Elea Redel Daramsalah, Mc Leod Ganj Tipa Rd, House Nr. 1110	Tel/Fax: 1892 21094, - 21681 Email: lrztp5@gmail.com				1	
11	Tushita Meditation Centre	McLeod Ganj Dharamsala Kangra District HP 176 219	Tel: (91) (1892) 21866, Fax: 21246 Email: tushita@ndf.vsnl.net.in				1	
12	Root Institute	Contact: Trisha Donelly Bihar 824231, Gaya District, PO Bodhgaya	Tel/Fax: +631 400 714 / - 400 548 Email: info@rootinstitute.com				1	
13	Maitry Leprosy Centre	Contact: Adriana Ferranti Bihar, Gaya District, 824231 Bodhgaya	Tel/Fax: 631 400 841 / 400 897				1	
14	Maitreya Project Universal	Education school Contact: Dick Jeffrey Bihar, Gaya District, 824231PO Bodhgaya	Tel/Fax: 631 400330 / 400 774 Email: school@maitreyaproject.org				1	
15	Shakyamuni Buddha Community	Health Care Centre Contact: Trisha Donelly Bihar 824231, Gaya District, PO Bodhgaya	Tel/Fax: +631 400 714 / - 400 548				1	
16	Osel Study Group	Contact: Sonam Sing Bist Goa 403509, Anjuna, Buddha House, Muddi Zar	Tel/Fax: 832 27 3934 Email: quantuminstitute@hotmail.com				1	
17	Sera IMI House	hedrup Zung Drei Ling Contact: Ven. Fedor Stracke Karnataka 571 104, Mysore, PO Byalkuppe	Email: seraimihouse@yahoo.com				1	
18	Tushita Mahayana Meditation Centre	9 Padmini Enclave Hauz Khas New Delhi - 110016, India.	Tel: (91) (11) 651 3400, Fax: (91) (11) 469 2963 Email: renukas@del2.vsnl.net.in				1	
19	Choe Khor Sum Ling Study Group Ashwini	No.24 First Floor, 3rd Main Street, Domlur Layout Bangalore 560071	Tel: (80) 41486497 Email: info@cksl.in				1	

20	MAITRI Charitable Trust	PO Box 32 Bodhgaya, Gaya District Bihar 824 231	Tel: (631) 2200 841 Fax: (631) 2201 946 Email: ferranti@ndc.vsnl.net.in				1	
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ITALY

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Dzogchen CommunityMerigar	58031 Arcidosso GR, Italy	Tel: 0564.966837, Fax: 0564.968110 Email: merigaroffice@tiscalinet.it	1				
2	RigpaBologna	Via Guerrazzi, 28/3 - 40125 Bologna, Italy	tel +39 3477286661 Email: rigpabologna@libero.it	1				
3	Rigpa Bolzano	Via S. Pietro, 75 - 39018 Terlano (BZ), Italy	tel +39 3356368097 Email: rigpabolzano@tiscali.it	1				
4	Rigpa Torino	Via Villa Gori, 6-10100 Torino	tel +39 3355236444 Email: rigpatorino@libero.it	1				
5	Karma Cio Ling	via Amba d'Oro 17 25123 Brescia	Tel: 030.3751564 or 030.2432367 Email: brescia@diamondway-center.org			1		
6	Casa del Tibet Tara Drikung Kagyu	Daniela Sebastio Italy	Ph: +39-434-29-861 Fax:+39-434-36-57-20 Email: seibert@iol.it			1		
7	Karma Tegsum Tashi Ling	Contrada Morago 6 37030 Mizzole-Cancello VR	Tel: 045.988164			1		
8	Maitreya Triratna (T) Congregazione Dachang Rime	C/o Fondazione Maitreya, via della Balduina 73 00136 Roma	Tel: 0339.3381874 Email:dling@libero.it			1		

9	Centro Milarepa	via delle Betulle 35 10040 Val della Torre (To)	Tel: 011 9689219 Email: centromilarepa@yahoo.it			1		
10	Rokpa - Italia	c/o Renato Mazzonetto Via Bonacosssi No. 5 36100 Vicenza	Tel: 39 0339 1219827, Fax: 0444 581803 Email: renato@samye.org			1		
11	Karma Dechen Yan Tseling	Cooperativa di Bordo 28030 Viganella NO	Tel: 0324.56101			1		
12	Centro Sakya Kun-Ga Choling	Buddhista Központ Budapest via Marconi 34 34133 Trieste	Tel: 040.571048 Email: centro_buddhista_sakya_trieste@yahoo.it		1			
13	Centro Cenresi	(Chenrezigs Centre) via del Pratello 23 40137 Bologna	Tel: 051.226953 Email: cenresig.bologna@lycosmail.com				1	
14	Centro Studi Cenresig	Contact: Luigi Chiarini 40122 Bologna, Via dell Pratello	Tel/Fax: 051 226953 Email: cenresig.bologna@katamail.com				1	
15	Centro Vajrapani	Piazza S. Giuseppe 38050 Bosentino TN	Tel/Fax: 0461.848153 Email: vajrapani@libero.it				1	
16	Centro Terra Di Unificazione Ewam	Via reginaldo Giuliani 505/a - Firenze	Tel: 055.454308, Fax: 0577.933831 Email: longeva@tin.it				1	
17	Istituto Chan Tze Tosam	Viale Kennedy, 15 Leporano (TA) 74020, Italia	Tel/Fax: 099533 4040 Email: Marcello.cinzia@libero.it				1	
18	Kushi Ling Retreat Center	Claudia Wellnitz 38062 Arco/ Tn, Laghel di sopra 19	Tel/Fax: 471 9641 83 Email: c.well@iol.it				1	
19	Muni Gyana	Via Delle Croci no. 2 90136 Palermo	Tel: (091) 6 880 705 Fax: (0923) 716 160 Email: saputof@neomedia.it				1	

20	Centro Muni Gyana	Contact: Rossana Giordano 90139 Palermo , Via delle Croci 2	Tel/Fax: 091 6880 705 / 0923 716 160 Email: rogiordi@tin.it				1	
21	Centro Tara Cittamani	V. Lussemburgo, 4 Padova 35100	Tel: (049)864 7463 Fax: (049) 880 4576 Email: info@taracittamani.it				1	
22	Chiara Luce Edizioni	Via Poggiberna 9 56040 Pomaia (Pisa)	Tel/Fax: (050) 68 56 90 Email: chiara.luce@tiscalinet.it				1	
23	Yeshe Norbu-Appello per it Tibet	Via Poggiberna 9 56040 Pomaia (Pisa)	Tel: (050) 68 56 54, Fax: 68 57 68 Email: Shne@sirius.pisa.it				1	
24	Foundation for Preservation of Mahayana Tradition	Via Poggiberna, 9 56040 Pomaia (PI) Italy	Email: macini@libero.it				1	
25	Istituto Lama Tzong Khapa	Via Poggiberna 9 56040 Pomaia (Pisa)	Tel: 050-685654, Fax: 050-685768 Email: iltk@libero.it				1	
26	Takden Shedrup Targye Ling	Via Poggiberna 9 56040 Pomaia (Pisa) Italy	Tel: (050) 68 56 54, Fax: 68 57 68 Email: Shne@sirius.pisa.it				1	
27	Istituto Samantabhadra	via Di Generosa 24 00148 Roma , Italy	Tel: 06.6531777 Email: samantabhadra@synapsi.it				1	
28	Universal Education Italy	Via della Croce 147/5 38040 Romagnano (Trento)	Tel /Fax: (0461) 34 90 4 Email: Turchina@tin.it				1	
29	Centro Studi Kalachakra	Via Orazio Raimondo (ex Scuola Media Doria) 18019 Vallecrosia IM	Tel: 0184 251688 Email: u.ziu@tiscalinet.it				1	
30	Centro Lama Tzong Khapa	Piazza V. Emanuele 18 31050 Villorba (Treviso)	Tel: (0422) 928 078 Fax: 300 685 Email: citktv@tin.it				1	

31	Shiné Jewelry	Via Poggiberna 9 56040 Pomaia (Pisa)	Tel: (050) 685 033 Fax: (050) 685 768 Email: info@shinegioielli.it				1	
32	Center Tibetan Studies	Street B.Johannes 5, 39012 Meranos, (Bz) (and?) Alley Steinach 9 Meranos, (Bz)	Email: deualing@tiscalinet.it Tel: 0473-212023, Fax: 1782221903					1

JAPAN

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Potala College	Ven. Sonam Gyaltsen Mr. Kunchok Sithar1-5 Kanda Sudacho, Chiyodaku, Tokyo	03-3251-4090 http://www.potala.jp/				1	
2	Zogchen Center	Ms. Shioda Maria Sazan Co Teras A705 Ichikawashi Chibaken 272-0123	http://www.patrulrinpoche.jp/	1				
3	Rigpa Tokyo	Tokyo Japan	tel +81 3 3350 8812 mobile +(080) 5642 5372, Email: s.sublime@gol.com	1				
4	Do Ngak Sung Juk Center	1004-1-8-2 Saiwaicho Mihamaku, Chiba-shi ZC 261	Tel/Fax: (43) 246 1266 Email: office@fpmt-japan.org				1	
5	Tibet Culture Center	Ven Lama Ugen 401 Gotanda Lila Hi-town 15-12- 2 Nishi Gotanda Lila Shinagawa Ku Tokyo 141	Tel: 03-5745-9889					
6	Drepung Gomang Manjushiri Mahayama Buddhist Association	〒732-0063 Mr. Nomura Ryuzoin ikuda 3-3- 1 Hiroshima	http://www.mmmba.jp/japan support@mmmba.jp				1	
7	Kyoto Meditation Center	Residence: Okura A407 Mibu, Fuchida-cho 12 Nakagyo-ku, Kyoto T604, Japan	Tel: 81-75- 821-5507 Email: schour@bc4.so-net.ne.jp					

MALAYSIA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Drikung Kagyu Buddhist Charitable Society	9 Jalan Tengku Putre, 80100 Johor Bahru West, Malaysia	Tel: 60 7223 1228 Email: drikungkagyujb@yahoo.com			1		
2	Drukpa Maha Yoga Ling Buddhist Centre	196, Jalan Midah Besar, Taman Midah, 56000, Kuala Lumpur, Malaysia.	Tel: 60 3931 6333 Email: dmyl@maxis.net			1		
3	Drukpa Maha Yoga Ling Buddhist Centre	110C, Jalan Jejaka, Taman Maluri, 55100, Kuala Lumpur, Malaysia	Tel: 60 3931 6333 Email: dmyl@maxis.net			1		
4	Ratnashri Buddhist Center Drikung Kyabgon Chetsang	No.5, Jln 1/3, Petaling Jaya 46000, Selangor, Malaysia 1	Tel: 60 16 2028088 / 60 12 3040633 Email: ratnashri@pc.jaring.my			1		
5	Ratnashri Centre	No. 129-C, Jalan SS, 25/2 Petaling Jaya 47301, Selangor, Malaysia	Tel: 60 3 2423812 Email: ratnashri@bigfoot.com			1		
6	Kluang Karma Kagyu Dharma Centre	No.2A 1st & 2nd Floor, Taman Bersatu, 86000 Kluang, Johor, Malaysia	Tel: 07-7741179 Email: wanwl@pc.jaring.my			1		
7	Drikung Dzogchen Community	90-93, Lorong 4, Taman Bersatu, 34000, Taiping, Perak, Malaysia	Tel: 60-5-8080017 Email: crazy_mind81@yahoo.com			1		

8	Kadam Tashi Choe Ling, Dagpo Rinpoche	No.15, Jalan 4/42, 46050 Petaling Jaya Selangor, Darul Ehsan, Malaysia	Tel: 60 3 2692 9830 Email: ooitan@hotmail.com				1	
9	Losang Dragpa Centre, Zopa Rinpoche	No1, Jalan 17/21F, 46400 Petaling Jaya, Selangor, Malaysia	Tel: 60 3 7956 7280 Email: exco@fpmt-ldc.org				1	
10	Kasih Hospice Care, Zopa Rinpoche	7, Jalan 14/29, 46100, Petaling Jaya, Selangor, DE Malaysia	Tel: 60 3 7960 7424 Email: kasihhospicecare@yahoo.com				1	
11	Chokyi Gyaltsen Center, Zopa Rinpoche	37Y Lorong Zoo 1, Air Itam, 11500 Penang	Tel: 60 4 826 5089 Email: fpmt.cgc@gmail.com				1	

MEXICO

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyü	Gelug	Secular
1	Casa Tibet Mexico	Orizaba #93 Colonia Roma C.P. 06700, Mexico D.F	Tel: (52-55) 5514 0443 or 5511 0802 or 5514 7763 Fax: (52-55) 5511 0467 Email: casatibet@casatibet.org.mx www.casatibet.org.mx					
2	Serlingpa Retreat Center, FPMT	Oficina General de Correos (PO Box) No. 156 Zitacuaro, Michoacan C.P. 06700	Tel: (715) 101-72-87 <i>english</i> or (715) 153-99-42 <i>spanish</i> Email: serlinpa@yahoo.com				1	
3	Khamlungpa - Aguascalientes (FPMT - Study Group)	Vicenta Trujillo 209, Barrio del Encino, Aguascalientes	Email: tibetags@hotmail.com www.khamlungpaags.com.mx				1	
4	Khamlungpa Study Group- Guadalajara, FPMT	Calle Sierra de Mazamitla #6047; esquina Teotihuacán	Tel: (33) 38 2450 48 Email:				1	

		Pinar de la Calma, Zapopan, CP 45080	budismogdl@yahoo.com www.khamlungpa.org.mx					
5	Chekawa Study Group (Study Group), FPMT	Sierra Morena 1017, Residencial Don Vasco 60110, Uruapan, Michoacan	Tel / Fax (52) 523 5963 Email: luzbellaramirez@hotmail.com				1	
6	Nalandabodhi México	Michoacan 115. Col. Alameda Celaya, Guanajuato 38050 México	Tel/Fax: 01 (461) 61 3 60 30 Email: ledward115@yahoo.com.mx	1				
7	Garuda Asociacion Cultural Tibetana A.C	Amatlan #124, Col. Condesa, CEP 06140 Mexico City D.F	Tel: +52 (55) 5286 9913 fax: +52 (55) 5286 9524 Email: garuda@garudamexico.org http://garudamexico.org					Bonpo
8	Buddhist Tlalpan Group	Calle 5 de Mayo, Numero 99, Case 2 (entre centro de Tepepan y Real de Ajusco) Col. Tpepan, Delg. Xochimilco, C.P. 16020 Mexico D.F	Tel: (52-55) 5573 9622 Email: jorgegm@ife.org.mx				1	
9	Centro Lhundup Lam-Rim Ling	Erendira # 78, Col. Vista Bella C.P. 58090 Morelia, Michoacan	Tel: (52-443) 314 0417 Email: chiflis@unimedia@net.mx				1	
10	Centro Tibet Laguna	Av. Feliciano Cobian 117, Colonia Los Angeles Torreon, Coahuila Tel: 718 3722	Email: tibetlaguna@hotmail.com				1	

MONGOLIA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Dzogchen Community of Mongolia	Mongolia zip 210646 P.O. Box 46a/181	Tel: (976) 9925 8471 Email: mondzogchen@hotmail.com	1				
2	Tilopa Center	Sukhbaatar Bezirk, "Lucky" Center 3. Obergeschoss Ulaanbaatar, Mongolia	Ph: +976-317983 Fax: +976-317983 Email: tilopa_mon@yahoo.de			1		
3	Tashi Choi Ling Monastery	World Fellowship Buddhists Youth P.O. Box 233, Ulaanbaatar 20, Mongolia	Email: galsanbat@yahoo.com Tel: (976 1) 352 006 Fax: (976 1) 352 006					1
4	Ganden Do Ngag Shedrup Ling	P.O. Box 219 Ulaan Bataar 13	Email: fpmt@mongol.net Tel: (976) (11) 321 580 Fax: (976) (11) 314 115				1	
5	Enlightening Mind	Post Box 219, Ulaanbaatar 13	Email: dkhulan@mongol.net Tel: (11) 330 463 Fax: (11) 314 115				1	
6	Golden Light Sutra Center	P.O. Box 562 Darkhan, Mongolia	Email: goldenlight@mongol.net Tel: (1372) 28856 Mobile: 9987 9535				1	

NEPAL

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Himalayan Heritage Foundation	Kathmandu, Nepal	Tel: (977-1) 272316, Fax: (977-1) 415078	1				

2	Shechen Tenyi Dorjeling	(Also Rabtsel Guest House)Baudhanath Kathmandu, Nepal	Tel: 9771 479 009 Email: rabjam@col.com.np	1				
3	Pullahari Monastery & Retreat Centre	Jagdol, Ward Kopan P.O. Box 11015, Kathmandu Nepal	Emai: pullahari@jamgonkongtrul.org			1		
4	Drikung Kagyu Religious Society	Drikung Kagyu Religious Society G.P.O. Box No. 6022 Kathmandu Nepal	Ph: 00977-1-484903 Email: N_Drikung@hotmail.com			1		
5	Nepal Amitabha Buddhist Society	PO Box 6727 Sitapaila Swoyambhu, Katmandu, Nepal	Email: amitabha@drukpa-kargyud.org			1		
6	Rokpa House	ROKPA House c/o High Himalaya, PO Box No 7003, Kathmandu N.B. Fax and email always write: "For ROKPA House"	Tel: 470 594 / 496 096 Fax: +9771 471 902 Email: bazra@mos.com.np			1		
7	Gaden Yiga Chözin Buddhist Meditation Center	Nr. Kharai Lakeside Kaski District, Pokhara 6	Fax: (61) 21022 Email: gyc@mos.com.np			1		
8	Vikrama Shila Buddhist Institute	PO Box 56 Pokhara, Nepal	Tel: 977-61-24729, Fax: 977-61-24728 Email: rinpoche@jcm.mos.com.np			1		
9	Himalayan Buddhist Meditation Centre	House number 16, Ekanta Tole Jawlakhel Patan , Kathmandu	Tel: 980 889 1048 Email: hbmc@buddha.mos.com.np				1	
10	Kopan Monastery	GPO Box 817 Kathmandu	Tel: (977-1) 481 268, Fax: 481 267 Email: kopan@mail.com.np				1	
11	Ganden Yiga Chözin Buddhist Meditation Centre	PO Box 285,Pokhara	Tel: 61-522923 Email: pokharacentre@yahoo.com				1	

NEWZEALAND

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Jam Tse Dhargyey Ling	159 Parakiore Rd, Kamo RD6, Whangarei Northland 0176 New Zealand	Tel: 09 435 4444 Email: dharma@igrin.co.nz				1	
2	Auckland Shambhala Buddhist Meditation Centre	29A Portage Road, New Lynn AUCKLAND 0600 NEW ZEALAND	Tel: 09 623 4287 Email: auckland.shambhala@gmail.com			1		
3	Diamond Way Buddhism Auckland	180 Old Titirangi Road, Titirangi, AUCKLAND 0600 NEW ZEALAND	Tel: 09 816 8600 Email: auckland@diamondway-buddhism.org.nz				1	
4	Trashiganden Choepel Ling	40 Waverley St, Glenfield, Auckland 0629 NEW ZEALAND	Tel: 09 444 8886 Email: tgcl@xtra.co.nz				1	
5	Awakening Vajra NZ	Kawai Purapura, 11 Mills Lane, Albany AUCKLAND 0632 NEW ZEALAND	Tel: 09 422 4069; 022 035 2365 Email: info@awakeningvajranz.org				1	
6	Drikung Kagyu Vajra Charitable Trust - Milarepa Retreat Centre	302A Dyer Road, Wellsford, Auckland 0984 NEW ZEALAND	Email: milaretreat@gmail.com			1		
7	New Zealand Karma Kagyu Trust	66 Bodhisattva Road, R.D.1, Kaukapakapa, Auckland 0994 NEW ZEALAND	Tel: 09 420 5428 Email: nyimatashi.nz@gmail.com			1		
8	Nyima Tashi Kagyu Buddhist Centre	30b Pollen Street, Ponsonby, Auckland 1021 NEW ZEALAND	Tel: 09 376 6113			1		
9	Land of Compassion Buddha	15A Rahiri Road, Epsom, Auckland 1024 NEW ZEALAND	Tel: 09 630 1871 Email: amitabha.hospice@gmail.com				1	
10	Amitabha Hospice Service	44 Powell St, Avondale, Auckland 1026 NEW ZEALAND	Tel: 09 828 3321				1	
11	Dorje Chang Institute for Wisdom Culture	56 Powell St, Avondale, Auckland 1026 NEW ZEALAND	Tel: 09 828 3333 Email: dci@dci.org.nz				1	

12	Enlightened Heart	PO Box 26 065, Epsom, Auckland 1344 NEW ZEALAND	Tel: 09 411 7057 Email: tsultrim@karmapa.org.nz				1	
13	Drikung Kagyu Vajra Charitable Trust	57 Manor Park, Sunnyhills Auckland 2010 NEW ZEALAND	Mail: yhegan@gmail.com			1		
14	Trashigomang Buddhist Centre	31 McIntyre Rd, Mangere Bridge, Auckland 2022 NEW ZEALAND	Email: trashigomang@xtra.co.nz				1	
15	Palpung Thubten Chokyi Ghatsal	23 Sturdee Road, Manurewa, Auckland 2102 NEW ZEALAND	Tel: 09 268 0786			1		
16	Tho Sam Dhargyey Ling	160 17th Ave, Tauranga 3112 NEW ZEALAND	Tel: 07 307 0595				1	
17	Mahamudra Centre for Universal Unity	RD4, Main Road Colville, Coromandel 3584 NEW ZEALAND	Tel: 07 866 6851 Email: spc@mahamudra.org.nz				1	
18	Kagyu Samten Choeling	31 James St, Mangapapa, Gisborne 4010 NEW ZEALAND	Tel: 06 867 1956 Email: gisborne@palpung.org.nz			1		
19	Phuntsok Choeling	10 Herschell Street, Napier 4110 NEW ZELAND	Tel: 08 329 4108 Email: phuntsok.choeling@gmail.com		1			
20	Rigdzin Bum Tsog	26 Collins Ave, Linden Tawa, Wellington 5028 NEW ZEALAND	Tel: 021 178 6913 Mail: sabennet@paradise.net.nz	1				
21	Diamond Way Buddhism Wellington	Roxburgh St, Wellington 6011 NEW ZEALAND	Tel: 04 802 5333 Mail: wellington@diamondway- buddhism.org.nz			1		
22	Wellington Shambhala Centre	28a Mataroa Ave, Wellington 6012 NEW ZEALAND	Tel: 04 383 9090; 04 475 9223 Mail: wellington@shambhala.info			1		
23	Trashigomang Tibetan Buddhist Centre	20 Carlton St, Melrose, Wellington 6023 NEW ZEALAND	Tel: 04 803 3384 Mail: pamenglert@actrix.co.nz				1	

24	Nelson Buddhist Centre - and Rigdzin Trust	87 Nile St, Nelson 7010 NEW ZEALAND	Tel: 03 546 8419; 03 9700 749 Email: keithrowan@gmail.com	1					
25	Kagyü Choeyang Ling	31 Valhalla Drive, Richmond, Nelson 7020 NEW ZEALAND	Tel: 03 544 9362 Email: stuart.roz@paradise.net.nz			1			
26	Wangapeka Study and Retreat Centre	355 Wangapeka River Rd, R.D.2. Wakefield NELSON 7096 New Zealand	Tel: 03 522 4221 Email: meditate@chandrakirti.co.nz				1		
27	Chandrakirti Tibetan Buddhist Meditation Centre	289 Sunrise Valley Road, RD1, Upper Moutere, NELSON 7173 NEW ZEALAND	Tel: 03 543 2021				1		
28	Red Hat Gumpa Trust	Raupo Bay Retreat, 110 McHales Road, Chorlton, RD3, Akaroa CHRISTCHURCH 7583 NEW ZEALAND	Tel: 03 304 8730 Email: kim@tibetanbuddhism.co.nz	1					
29	Diamond Way Buddhism Christchurch	220 England Street, North Linwood, Christchurch 8011 NEW ZEALAND	Tel: 03 381 3108 Email: info@diamondway-buddhism.org.nz			1			
30	Phen Day Dhargyey Ling	34 Dudley Street, Richmond, Christchurch 8013 NEW ZEALAND	Tel: 03 379 2084 Email: christchurch.dhargyey@gmail.com				1		
31	Rigdro Yeshe Buddhist Institute	48 Buffon St, Christchurch 8023 NEW ZEALAND	Email: rigdrolyeshe@gmail.com			1			
32	Karma Thigsum Choeling	51 Marama Cres, St. Andrews Hill, Christchurch 8081 NEW ZEALAND	Tel: 03 384 4626 Email: office@kagyu.org.nz OR John@kagyu.org.nz			1			
33	Nyingma Buddhist Centre	269 Mt Pleasant Road, Mt Pleasant, Christchurch 8081 NEW ZEALAND	Tel: 027 641 5346 Email: aquazonenz@yahoo.co.nz	1					
34	Dhargyey Buddhist Centre	22 Royal Terrace, Dunedin 9016 NEW ZEALAND	Tel: 03 477 8374 Email: director@dhargyey.org.nz				1		

NETHERLANDS

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Jewel Heart	Hetertseveldweg 284 6532 Nijmegen	Tel : +31 (0) 24 32 26 985 E-mail : info@jewelheart.nl Web : www.jewelheart.nl					
2	Kadam Choling	Postbus 75765 1070 AT, Amsterdam	E-mail : info@kadamcholing.nl Web : www.kadamcholing.nl					
3	Karma Deleg Chö Phel Ling	Stoepawei 4 9147 BG, Hantum	Tel : +31 (0) 51 92 97 714 E-mail : office@karmakagyu.nl Web : www.karmakagyu.nl					
4	Maitreya Instituut	Hoofdweg 109 7371 GE, Loenen	E-mail : emst@maitreya.nl Web : www.maitreya.nl					
5	Shambala Meditatie Centra	1e Jacob van Campenstraat 4 1072 BE, Amsterdam	Tel : +31 (0) 20 67 94 753 E-mail : info@shambhala.nl Web : www.shambhala.nl					
6	St. Vrienden van het Boeddhisme	Laan van Arenstein 8 2341 LT, Oegstgeest	Tel : +31 (0) 59 96 48 671 Web : www.vriendenvanboeddhisme.nl					
7	Boeddha's Gompa	K.Blekersweg 22 8166 RL, Epe	Tel : +31 (0) 63 02 94 380 E-mail : gnzopa@hotmail.com Web : www.boedddhasgompa.nl					
8	Boeddhistisch Centrum Karma Eusel Ling	Heuvel 1 5476 KG, Vorstenbosch	Tel : +31 (0) 41 33 40 320 E-mail : info@karmaeuselling.nl Web : www.karmaeuselling.org					
9	Boeddhistische Unie Nederland	Postbus 17286 1001 JG, Vorstenbosch	E-mail : secr@boeddhisme.nl Web : www.boeddhisme.nl					
10	Bon Garuda Foundation Holland	Titanialaan 2 7981 LL, Diever	E-mail : info@bongaruda.com Web : www.bongaruda.com					
11	Dzogchen Community Nederland	Postbus 11119 1001 GC, Amsterdam	E-mail : info@dzogchen.nl Web : www.dzogchen.nl					

12	Maitreya Instituut	Tilanusstraat 73 HS 1092 GC, Amsterdam	Tel : +31 (0) 20 42 80 842 E-mail : amsterdam@maitreya.nl Web : www.maitreya.nl					
13	Naropa Instituut	Vierhonderdpolderdijk 10 4506 HL, Cadzand	Tel :+31 (0) 11 73 96 969 E-mail : naropa@tibetaans- instituut.org Web : www.tibetaans- instituut.org					
14	Phuntsok Chö Ling	Rodenrijselaan 25d 3037 XB, Rotterdam	Tel : +31 (0) 61 79 05 061 E-mail : info@phuntsokcholing.org Web : www.phuntsokcholing.org					
15	Stichting Sakya Thegchen Ling	Laan van Meerdervoort 200 A 2517 BJ, Den Haag	Tel : +33 (0) 61 21 16 704 E-mail : sakya.denhaag@hotmail.com Web : www.sakya.nl\					
16	Rigpa Netherlands - Amsterdam	Rigpa Netherlands, Van Ostadestraat 300, 1073 TW Amsterdam	tel +31 (0)20 470 5100 rigpa@rigpa.nl www.rigpa.nl					

PERU

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Centro de Meditacion Budista Tibetano Dharma Ling	Av. Javier Prado Oeste 640, San Isidro Lima L-18 Peru	Email: informacion@drikung-peru.org www.drikung-peru.org			1		
2	Centro de Estudios de Buddhismo Tibetano	c/o Bartolomé Bermejo 148, San Borja (sábados 10am) Calle San Martín 896-A,	Tel: 2244800 Email: andrescorderob@hotmail.com					1

		Miraflores (martes 7pm) Lima, Perú						
3	Instituto Peruano de Estudios Budistas	Enrique Palacios 1125-C Miraflores, Lima 18 Peru	Tel: (51-1) 445 5003 Email: kunzan@hotmail.com					1
4	Kagyü Thubten Chöling	Bresciani 198, Barranco Entre la 2 y 3 de Pedro de Osma. Lima Perú	Tel: 96 71 75 20, 2 24 48 00 Email: andrescorderob@hotmail.com www.kagyu-sfla.org			1		

PORTUGAL

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Humkara Dzong	Center do Buddhism Tibetano Nyingma Malhão, Salir8100 Loulé, Portugal	Tel: (351) 289 489 062 Email: humkaradzong@ip.pt	1				
2	Buddhist Center Tibetano Ningmapa	Ogyen Kunzang Chöling, Portugal	Tel: (351) 213 142 038 Fax: 213 524 076 Email: tibetanos@ip.pt	1				

RUSSIA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Padmasambhava Buddhist Centre	Russian Contact: Galina Rey Founders/Teachers: Ven. Khenchen Palden Sherab	Email: galinarey@mail.ru +79067163761	1				

		Moscow, Russia Festivalnaya ul., 13, κ. 2, Moscow, Russia						
2	Padmasambhava Buddhist Centre	Kollontay Street19, Block 4, Flat 81 St. Petersburg 193313 Russia	Tel: (7812) 589-2318, Fax: (7812) 118-4007 Email: a.kulik@sp.ru	1				
3	Dzogchen Jigme Choling	Contact: Alexandr Bugaev Moscow, Russia Pokrovka str, Bld. 31, Moscow, Russia, 105064	Mobile: 7(909)910-45-90 e-mail: info@patrulrinpoche.ru	1				
4	Dzogchen Jigme Choling	St. Petersburg, Russia	nyingma.spb@gmail.com	1				
5	Etigel	Bratislavskaya str., Bld 6, of. 266. Moscow, Russia 109341	7 (925) 823-14-33				1	
6	Moscow Buddhist Community	Klimashkina str., 22, of. 4, Moscow, Russia 123557	mosbuso@mail.ru 7 (495) 740 62 39				1	
7	Datsan Gunzechoinei	Primorskiy prosp., 91 St. Petersburg, Russia, 197374	7 (812) 430-97-40				1	
8	Drepung Gomang Foundation in Moscow	2 nd Bebelya str., 26. Moscow, 127220	7 (916) 715 19 08 info@drepunggomang.ru				1	

9	FPMT Ganden Tendarling	Tolmachevski per., 4/1, flat 5. Moscow, 119017	7 (903) 545-50-96 gandentendarling@gmail.com				1	
10	FPMT Ar'yadeva Center	Kim Prospekt, 4, flat 199. St. Petersburg, 199155	7-951-686-46-21 rigden@list.ru				1	
11	Lama Tsonkapa Center	Mytnaya str. 23/1 Moscow, 115162	7 (495) 237-65-79				1	
12	Karma Drodulling Center	Dmitriya Ul'yanova str, 31. Moscow 117447	Karmadrodulling@inbox.ru 7-926-916-42-30 7(499)922-85-79			1		
13	Dzogchen Shri Singha	Mosfilmovskaya str, 2B, Moscow, 119285	7 (985) 212-14-50	Dzogchen				
14	Dzogchen Shri Singha	Bolshaya Pushkarskaya ul., 3, St. Petersburg, 197198	7 (911) 230-85-41 shrasingha.spb@gmail.com	Dzogchen				
15	Rinchenling (Namkai Norbu Rinpoche Dzogchen Community)	Kulakov per, 17. Moscow, 129626	7 915 251-2926 moscow.ling@gmail.com	Dzogchen				
16	Moscow Buddhist Rime Center	1 st Basmanny per., 5/20/1, flat 133 Moscow 105066	7 (495) 261 84 18	Rime				
17	Moscow Samye Dzong	Kutuzovsky pr, 22 Moscow, 121151	7 (495)249-16-13			1		
18	Drikung Kagyu Ratna Shri	Vorotnikovskiy per, 7/1, flat 4. Moscow 127006	info@drikung.ru 7 926 903 5959			1		
19	Diamond Way Buddhism Karma Kagyu Center	Petrovsky bulv., 17/1 Moscow, 127051	7 (495) 609-0380 moscow@buddhism.ru			1		
20	Representative Office of Traditional Buddhist Sangha	Contact person: Sanzha Lama Ostozhenka str., 49/1 Moscow, 119034,	7 9264100253 sanzhai_68@mail.ru				1	

21	Kalmyk Central Buddhist Organization “Geden Sheddup Choikorling”	Klykova str, Central Buddhist Temple Elista, Kalmyk Republic, 358000	7 (847 22) 4-01-09, 7 (847 22) 4-00-10 kalmyktample@mail.ru				1	
22	Chenrezi Buddhist Center	Gorodovikova str, 9 Elista, Kalmyk Republic, 358000	7 847 22 6-28-11				1	
23	Kalmyk Buddhist Union	8 th mikrorayon bld 17, app 15, Elista city, Kalmyk Republic, 358014	7 847 22-59686				1	
24	Rinpoche Bagsha Buddhist Center	Elo Rinpoche Streletskaya str, 1 Ulan-Ude, Buryat republic, 670024	Datsan@Yelo-Rinpoche.ru 7 (3012) 48 52 72				1	
25	Ivolginsky Temple	Pandito Khambo lama Damba Ayusheev Verhnyaya Ivolga village, Ivolginsky reg, Buryat Republic, 671210	datsan@yandex.ru 79243594106 Dordzho lama				1	
26	Aginsky Buddhist Temple	Aginsky Datsan, Aginsky Buryat Region, Zabaikalsky krai, 687000	7 (302-39) 4-31-77 chitaflag@mail.ru, chitaflag@yandex.ru				1	
27	Tsechenling Buddhist Temple	Khambo Lama of Tuva Lopsang Gyatso Shetinkina-Kravchenko str, 2. Kyzyl, Tuva Republic 667000	budda@tuva.ru 7-39422 - 3-87-94				1	

SINGAPORE

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyü	Gelug	Secular
1	Palyul Nyima Buddhist Association	281 Jalan Besar, Singapore 208944	Te: 65 6742 9261 Email: palyulsg@palyulsg.org	1				

2	Nyingma Kathok Buddhist Centre	397 Guillemard Road, Singapore 399 792	Tel: 65 6291 0330 Email: kathok_sg@hotmail.com	1				
3	Karma Kagyud Buddhist Centre Shamar Rinpoche	31 Lorong 24A Geylang, Singapore 398 555	Tel: 65 6749 1103 Email: kkcs@pacific.net.sg			1		
4	Tibetan Buddhist Centre	281 Jalan Besar, Singapore 208944	Tel: 65 6291 1089 Email: centre@tibetanbc.org				1	
5	Drikung Phende Ling	Singapore	Tel: 65 981 753 64			1		
6	Amitabha Buddhist Centre Zopa Rinpoche	44 Larong 25A Geylang, Singapore 388 244	Tel: 65 6745 8547				1	
7	Dirkung Kagyu Om Centre, Drikung Kyabgön Chetsang	24 Larong 29 Geylang # 3-00, Singapore 388 073	Tel: 65 6547 4337 Email: enquiry@dkomcentre.org.sg			1		
8	Digar Thubten Darge Ling Garchen Rinpoche	15 Geylang Lor 29, PTH Building #04-01, Singapore 388069	Tel: 65 6396 0960 Email: admin@drigardargyeling.com			1		

SPAIN

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyud	Gelug	Secular
1	Osel Ling (FMPT)	Apartado de correos 99, 18400 Órgiva, Granada (España)	Teléfono (34) 958 34 31 34 Móvil (34) 669 863 676 www.oseling.org					
2	Comunidad Budista Palpung	Cortijo el Posteruelo 18494 Laroles Granada - Andalucía	pematinley@gmail.com http://www.palpung.es					
3	Nagarjuna Granada	C/ Compas de San Jeronimo nº2 18001 Granada	Tel: 958 251 629 www.nagarjunagr.org					

			centronagarjunagranada@gmail.com					
4	Centro Budista Tibetano Ganden Choeling Málaga	C/ Eugenio gross Plaza Castillejos loc 77, 29009, 29010 Málaga	http://budismotibetanomalaga.blogspot.com.es/					
5	Grupo Shambhala Meditación de Malaga	Moreno Monroy 5, 3º 29015 Málaga SPAIN	Teléfono:+34 952 21 33 17 malaga@shambhala.es http://malaga.shambhala.es					
6	Kagyü Phüntso Chöling	Calle del Puerto 6 04118 San José - Almería Apartado 1078 - 04080 Almería	puntsokling@gmail.com 950525209					
7	Centro Budista Gaden Choeling -San Fernando	Calle las Cortes, 12 11100 San Fernando	697 71 09 33					
8	Grupo de Estudios de O.Sel.Ling en el Campo de Gibraltar	Edificio Laxmor, 2ª planta, puerta 6 Sotogrande-11310 San Roque (Cadiz)	Telf. +34 667 998 712 http://oselingcg.com/pensamientobudista@gmail.com					
9	Centro Budista Chakrasamvara	C/ Extremadura 18, (San Jerónimo) C.P. 41015 Sevilla	Tf. 954 52 11 06 y 616 144 719 centro.chakrasamvara@gmail.com					
10	Centro budista Ganden Chöeling	Camino del Rincón s/n 21100 Gibrleón Huelva - Andalucía	Móvil: 678 513 535 emizq@hotmail.com http://www.budismohuelva.es					
11	Centro Budista Tibetano Ganden Chöeling	Camino de Arjona s/n 23640 Torre del Campo Jaén – Andalucía	https://budismojaen.wordpress.com/					
12	Centro Budista tibetano Ganden Chöeling	Plaza Castillejos 1 29010 Málaga Málaga - Andalucía	https://es-la.facebook.com/ganden.choelinalgmalaga					

			http://budismotibetanomalaga.blogspot.com.es/					
13	ZARAGOZA	Kagyü Dag Shang Künchab Calle Gascón de Gotor 27 - 2º Izq. 50006 – Zaragoza	shangpazaragoza@gmail.com 976388993 / 696473377					
14	Centro budista Ganden Choeling Menorca	Camí d'en Calafat, s/n 07760 Ciutadella Menorca (Illes Balears)	971 480 223 - 680 357 962 www.gandenchoeling.com					
15	Kagyü Döngak Chö Ling	Calle Manuel Sanchís Guarner 9 – bajos 07004 Palma de Mallorca – Balears	eljardindeldharma@gmail.com 636808817 – 636964828 palma.dskpanillo.org					
16	Rigpa	Calle Jaume Vidal Alcover nº 9- 1º-A, 07010 Palma de Mallorca	Tel: (+34) 666 033 794 rigpaenmallorca@gmail.com http://www.rigpameditacion.org/					
17	Kagyü Shedrub Chöling Las Palmas	Calle Lucas Fdez. Navarro 37 – bajo 35007 Las Palmas de Gran Canaria – Canarias	dsklaspalmas@gmail.com 928220954 (a partir de las 20.00h)					
18	Samye Dzong Las Palmas	Calle La Naval 183, 4º 35008 Las Palmas de Gran Canaria	687.447.144 y 691.328.053					
19	Kagyü Yang Chub Chöling	Juan de Vera 47 38201 La Laguna – Tenerife	dsklagunatenerife@gmail.com 660413301 / 627173375 dsktenerife.blogspot.com					
20	Rigpa	C/ Santa Teresa de Jornet e Ibars 11 38004 Sta. Cruz de Tenerife (Islas Canarias)	(+34) 630 117 617 / (+34) 922 29 69 10 rigpaentenerife@gmail.com http://www.rigpameditacion.org/					
21	Kagyü Samye Dzong	Calle Mayor 17 34419 Fuentes de Valdepero – Palencia	palencia@samye.es					

22	Comunidad Budista Mahayana de Barcelona “Tara”	Plaça de Gal·la Placídia, 8-10, 08006 Barcelona	Teléfono: 932 17 04 74 http://www.centrobudistatara.com/					
23	Nagarjuna Barcelona	C/ Pere IV 201, Bajos 08018 Barcelona	Tel/Fax: 934 570 788 www.nagarjunabcn.org info@nagarjunabcn.org					
24	Dag Shang Serchöling	Calle Passeig d'Amunt, 34 local 1 bajos - 08024 – Barcelona	sercholing@gmail.com 932104198 www.sercholing.com					
25	Kagyü Samye Dzong Barcelona	c/ Rambla de la muntanya 97, bajos 08041 Barcelona	93 436 26 26 y 652 312 065. barcelona@samye.es					
26	Kagyü Samye Dzong Manresa	C/ Bruc 42, 1º 08240 Manresa	Atención telefónica: 93 872 02 54					
27	Monjes Budistas - Monasterio del Garraf	Avda Plana Novella s/n. Parc Natural del Garraf Apdo. de correo 226 08860 Castelldefels Olivella (Barcelona) 08818 España	(+34) 937 432 010 (+34) 937 432 285 garraf@monjesbudistas.org					
28	Rigpa – Barcelona	C/ Calabria, 143-145, entresuelo 3, Barcelona	(+34) 653 362 904 rigpabcn.coordinacion@gmail.com http://www.rigpameditacion.org/					
29	Fundación Privada Vipassana	Els Bruguers Apartado Postal 29 08460 Santa Maria de Palautordera Barcelona, España	(+34) 93 848 26 95 info@es.dhamma.org www.es.dhamma.org					
30	Comunidad Nyingma Tersar	Plaza Universidad nº 1, 2º 1ª, BARCELONA	Teléfono: 666 46 30 15 dudjomtersar@gmail.com http://www.nyingmatersar.es					

31	Grup Shambhala Meditació de Barcelona	Gran de Gràcia 77, Principal 1ª (Centre Cos) 08012 Barcelona SPAIN	+34 687 38 11 16 barcelona@shambhala.es http://barcelona.shambhala.cat/					
32	Grup Shambhala de Meditació del Penedès	Pare Manyanet, 15 08720 Vilafranca del Penedès	+34 627646061 shambhalapenedes@gmail.com http://penedes.shambhala.cat					
33	Monasterio Samye Dechi Ling	Can Toni Mola – Castanyet 17430 Santa Coloma de Farners – Girona	Atención telefónica: 872 022 070 (fijo) - 665 602 353 (móvil)					
34	Centro de retiros La Fradera - El Rossell	Castanyet 17430 Santa Coloma de Farners - Girona	Teléfonos: 872 022 051 y 635 70 82 50 centroretiros@samye.es					
35	Centro de Retiros Tushita	Mas Casa nova d'en Crous, Ap. Correos, 69 17401 Arbúcies (Girona)	Tel: 972 178 262 Fax: 938 895 203 www.tushita.es oficina@tushita.es					
36	Rigpa	Av. Cataluña 22E, entresuelo (Despacho A) 43002, Tarragona	(+34) 654 46 90 76 tarragonarigpa@gmail.com					
37	CÁCERES	Monasterio El Olivar del Buda Las Pedrizas, 1 (Acebo)	927 77 42 30 http://www.elolivardelbuda.com /					
38	Rigpa	Avenida de Lugo 2A, entresuelo E. 15702 Santiago de Compostela	Tel: (+34) 685 85 30 40 rigpasantiago@gmail.com http://www.rigpameditacion.org/					
39	Dag Shang Kagyü Kunchab Ling	Calle E. Martinez Garrido 18 - 2º 36205 – Pontevedra	dskvigo@hotmail.com 629369682 / 657875740 www.dskvigo.es					
40	Rigpa	C/ Tomás Alonso nº 88, 2º Ofc. 17 36208 Vigo	(+34) 626 089 414 rigpavigo@gmail.com http://www.rigpameditacion.org/					
41	Kagyü Dechen Ling	Avenida Menéndez Pelayo 113 Esc. Dcha. 1º Izq - 28007 – Madrid	centrokagyumadrid@gmail.com 914349100 www.kagyudechenling.org					

42	Rigpa	Av. Pablo Iglesias, nº 2, 3ºB 28003 Madrid	(+34) 672 30 82 01 rigpa.madrid@gmail.com http://www.rigpameditacion.org/					
43	Comunidad Thubten Dhargye Ling	C/ Canillas 22, Madrid 28002.	Teléfono. 915 632 959 http://budismotibetanomadrid.org/					
44	Centro Shambhala Meditación de Madrid	Avenida Reina Victoria 8, 2º B E-28003 Madrid SPAIN	Teléfono:+34 91 521 86 17 madrid@shambhala.es http://madrid.shambhala.es					
45	Nagarjuna Madrid	C/ Santa Engracia, 70, 3º Dcha. 28010 Madrid	Tel: 914 456 514 www.nagarjunamadrid.org nagarjuna.madrid@gmail.com					
46	Luz de Nagarjuna Grupo de Estudio - Pamplona	Edificio IWER, Avda. Marcelo Celayeta nº75 Entrada 2ª 2ª Planta, Puerta 17. Rochapea Pamplona - Navarra 31014	www.nagarjunapamplona.com info@nagarjunapamplona.com					
47	Dag Shang Rime Chöling	Calle Santa Cecilia 6 48004 Bilbao - Vizcaya	dharma@budismobilbao.net 617340377 www.budismobilbao.net					
48	La Sabiduría de Nagarjuna Grupo de Estudio	Calle Luzarra 14-16, piso 3, departamento 6 48014 Bilbao	Tel: 683 169 472 www.nagarjunabilbao.com info@nagarjunabilbao.com					
49	Sakya Drogon Ling	Partida el Palmar, Camí Les Bovetes al Mar, 26, (Las Marinas de Dénia) 03700 Dénia (Alicante) SPAIN.	Teléfono (34) 96 576 09 48 y (34) 96 642 00 67 info@sakyadrogonling.com					

50	Rigpa	C/Colón nº 7, planta 4, local 2 . Alicante (+34) 669 701 086	rigpaenalicante.jab@gmail.com http://www.rigpameditacion.org/					
51	Grupo Shambhala Meditación de Alcoy	C/ Pais Valencià, nº 10 03801 Alcoy SPAIN	Correo-e: alcoy@shambhala.info Página web: http://alcoy.shambhala.info					
52	Nagarjuna Alicante	C/ Alemania 26 4º F 23003 Alicante	Tel: 966 387 124 www.budismoalicante.com info@budismoalicante.com					
53	Monjes Budistas - Monasterio de Castellón	Partida de la obrera, s/n 12194 Vall d´Alba, Castellón	(+34) 616 706 165 castellon@monjesbudistas.org					
54	Rigpa	Gran Vía de Germanías 36, 1er piso, ptas 1ª y 2ª. 46004 VALENCIA	+34) 679 233 592 valencia.rigpa@gmail.com http://www.rigpameditacion.org/					
55	Centro Budista Tiratna de Valencia	Calle de Sagunto 97 bajo 46009 Valencia	(+34)96 348 0892 http://www.budismo- valencia.com/					
56	Nagarjuna Valencia	C/ General Urrutia, 43 pta. 2 46006 Valencia	Tel: 963 951 008 www.nagarjunavalencia.com nagarjunavalencia@ono.com					
57	Tekchen Chöeling	Director: Steve Milton Calle Tomas Valls 12, 4-7 46870 Ontinyent (Valencia)	Tel: 96 291 32 31 centrobudistaontinyent.es juan_paloma1@hotmail.es					

SOUTH AFRICA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular

1	The Lamrim Tibetan Buddhist Centre, Johannesburg	Corner Kite Street, 1st Ave. Vrededorp, Johannesburg, South Africa. OR PO Box 1325 Roosevelt Park 2129, Johannesburg South Africa	Contacts : 1) Neil Hill neil@urbanforest.co.za Cell : (+27) 82 467 5735 2) Philip Wyse philipw@quantumsolutions.co.za Cell: (+27) 83 255 6089				1	
2	The Lamrim Group, KZN (Durban)	PO Box 2674, Pinetown, 3600, KZN South Africa	Contacts: Elizabeth Gaywood Email: cormkt@mweb.co.za Tel: (+27)31 701 4307				1	1
3	The Tibet Society of South Africa (TSSA) KZN (Durban)	PO Box 2674, Pinetown, 3600, KZN South Africa	Contacts: Elizabeth Gaywood Email: cormkt@mweb.co.za Tel: (+27)31 701 4307				1	1
4	Shantikaya Meditation & Retreat Centre, Johannesburg	93, Road # 3, Victory Park Johannesburg 2195 South Africa	Contacts: Maureen & Cezar E mail : mo@shantikaya.com maureen.ferreira@gmail.com Tel : (+27) 11 782 0088					1
5	Kagyue Samye Dzong Center – Kensington	43 Floss Street, Kensington, Johannesburg 2094 South Africa	Contacts : Tel/Fax: (+27)116141948/116242235 Email: johannesburg@kagyu.org.za			1		
6	Kagyu Samye Dzong Randburg	6 Brink Street Bryanbrink, Randburg Johannesburg 2194 South Africa	Contacts: Melanie Polatinsky, Email: randburg@kagyu.org.za Tel: (+27) 11 781 4708			1		
7	Karma Kagyu Centre, Capetown	6 Morgenrood Road 7708 Kenilworth Cape Town, South Africa	Contacts : Pauline Todd Tel: (+27) 021 671 7378 (+27) 21 761 2978 Fax: (+27)21 762 7416 Email: capetown@kagyu.org.za OR paul.mary.todd@gmail.com			1		

8	Bhodhicitta Africa Cape Town	Karen de Vos, 4 Anette Close, Constantia CapeTown, South Arica	Email : bodhicittagroup@gmail.com Tel: (+27)84 760 4630					1
9	Shambhala Cape Town	Erin Hall, 8 - 10 Erin Road, Rondebosch, Cape Town, Western Cape, South Africa	Email: director@shambhala.co.za Tel : (+27)78 527 0057			1		

SWITZERLAND

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Association Yeshe Korlo Suisse	1814 La Tour-de-Peilz, Rue des Terreaux 14, Lausanne Switzerland	Tel/Fax: 021 944 03 92	1				
2	Ewam Rigdzin Sangchen Theghok Ling	Contact Person: Judit Plattet 13, ch. de la Dôle, Gland, Vaud, 1196, Switzerland	Tel/Fax: 022 364 74 80 Email: starkosplattet@hotmail.com	1				
3	Groupe de Méditation	Josette Ganty 1323 Romainmotier , Switzerland	Tel/Fax: 024 453 11 91	1				
4	Rigpa Schweiz	Gubelhangstr. 7, CH-8050 Zürich Switzerland	tel +41 (0)44 463 33 53 Email: info@rigpa.ch	1				
5	Yeshe Kehrlo	Contact: Johannes Frischknecht 8320 Fehraltor, fPostfach 21, Switzerland	Tel/Fax: 01 954 13 67	1				

6	Rigpa Basel	St. Johannis-Ring 139 (Hinterhaus) 4056 Basel, Marina Gasser, Switzerland	tel +41(0) 76 321 22 27	1				
7	Rigpa Genève	42bis, rue du Môle 1201 Genève Catherine Tharicharu, Switzerland	tel +41 (0)22 735 09 47	1				
8	Rigpa Zürich	Gubelhangstr. 7 8050 Zürich Madlen Binder, Switzerland	tel +41(0)44 362 74 48	1				
9	Rigpa Bern	Anne Marie Rytz tel +41 (0)32 331 02 79 Alain Kluvers, Switzerland	tel +41 (0) 31 331 10 10	1				
10	Rigpa Neuchâtel	Espace du Dôme, Faubourg de l'Hôpital 31 2000 Neuchâtel, Switzerland	tel +41 (0) 78 839 35 15	1				
11	Dzogchen Chonyid Jigme Ling	Contact: Irène Grundel. Switzerland	Mobile: +45 40266894 Email: irene.grundel@gmail.com	1				
12	Thubten Changchub Ling	Contact: Stefano Radczuweit 6648 Minusio, Via Remorino 4, Ticino, Switzerland	Tel/Fax: 091 743 73 75 Email valerio68@hotmail.com		1			
13	Sakya Tsechen Ling	Contact: Ruth Feher-Benazzi 8032 Zürich, Hegibachstr. 110, Switzerland	Tel/Fax: 01 381 82 28		1			
14	Karme Tschö Korling	4057 Basel, Dorfstr. 12, Switzerland	Tel/Fax: 061 631 11 77			1		
15	Buddhistisches Zentrum der Karma Kagyü Linie Basel	Contact: H. Escher 4052 Basel, St. Alban-Anlage 63, Switzerland	Tel/Fax: 061 272 02 23			1		

16	Buddhistisches Zentrum der Karma Kagyü Linie Bern	Gerberngasse 14 3011 Bern, Switzerland	Tel 031-311 14 51 Email: bern@buddhismus.org			1		
17	Buddhistisches Zentrum der Karma Kagyü Linie Bern	3011 Bern, Kramgasse 33, Switzerland	Tel/Fax: 031 311 14 51, 031 819 52 97 Email: bern@buddhismus.org			1		
18	Zentrum Dromtönpa	3084 Wabern-Bern, Funkstr. 106, Switzerland	Tel/Fax: 032 665 34 23			1		
19	Centre Bouddhiste Atisha	HP-Formation 1207 Genève, 8, Rue du Nand, Switzerland	Tel/Fax: 079 632 60 13 Email: dedera@infomaniak.ch			1		
20	Kagyu Shenpen Kunkyab	1206 Genève, Av. Dumas 17, Case Postale 155, Switzerland	Tel/Fax: 022 789 00 06 Email: d.k.dorjie_ling@gmx.ch			1		
21	Drikung Kagyu Dorje Ling Center	Lama Kunsang Morgentalstrasse 9 8355 Aadorf Kanton Thurgau Switzerland	Ph: +41-52-365-21-60			1		
22	Kagyu Samten Tchöling	1006 Lausanne, Av. d'Apples 21 CCP 10-29304-9, Switzerland	Tel/Fax: 021 731 52 86, 021 943 37 12			1		
23	Dharma Yoga	1006 Lausanne, Av. d'Apples 21, Switzerland				1		
24	Djampeille Ling	Contact: Francious Blanchoud Luasanne, Route de Chavannes 6, Switzerland	Tel/Fax: 021 634 58 79 Email: fr.blanchoud@freesurf.ch			1		
25	Nalanda-Zentrum	6005 Luzern, Sternhalde 1A, Switzerland	Tel/Fax: 041 360 48 00 Email: nalanda@ypsilonk.ch			1		

26	Buddhistisches Zentrum der Karma Kagyü Linie Luzern	6004 Luzern, Rössligasse 14, Switzerland	Tel/Fax: 041 410 53 64			1		
27	Stages de Méditation	Contact: Marianne Chappuis 1066 Epalinges, Route de Montblesson 17, Switzerland	Tel/Fax: 021 784 05 78			1		
28	Druk Namdrol Ling	Association Drukpa Kargyu Suisse Contact: Mme Bruxelles 1262 Eysins, Grand Rue. Switzerland	Tel/Fax: 022 362 57 88 Email: drukpa-kargyu@worldcom.ch			1		
29	Vairochana Zentrum für Kadampa Buddhismus	Haldenstr. 11 / Rosental Wängi, TG 9545, Switzerland	Tel: 41 52 208 70 51 Email: vairochana_switzerland@yahoo.com			1		
30	Buddhistisches Zentrum der Karma Kagyü Linie St.Gallen	Contact: Gerhard und Ursula Poschung 9000 St. Gallen, Rosenbergstr. 69, Switzerland	Tel/Fax: 071 377 25 02 Email: StGallen@diamondway-center.org			1		
31	Rokpa International	Neptunstrasse 348032 Zürich, Switzerland	Tel/Fax: 01 262 6888 Fax: 01 262 6889 Email: rokpa@mail.com			1		
32	Buddhistisches Zentrum der Karma Kagyü Linie -	8008 Zürich, Hammerstr. 9, Zürich, Switzerland	Tel: 01 382 08 75, Fax: 01 380 01 44 Email: info@kuhngrafik.com			1		
33	Shambhala Gruppe	Contact: Markus Ryser 4118 Rodersdorf, Gartenweg 15, Bern , Switzerland	Tel/Fax: 061 731 36 21			1		
34	Shambhala Zentrum	Contact: Regula Imfeld 3012, Bern, Länggasstrasse,	Tel/Fax: 031 301 81 71 Email: bern@shambhala.ch			1		

		Switzerland						
35	Groupe Shambhala	Contact: Marie-Antoinette Crivelli 1006 Lausanne, Rue du Liseron 3, Switzerland	Tel/Fax: 021 616 18 24			1		
36	Zürich Shambhala Meditationsgruppe	Binzstrasse 9 Zürich, Switzerland	phone: 044 440 73 74 Email: zuerich@shambhala.ch			1		
37	Dharmazentrum Ka Nying Ngedon Rigdzin Ling	8400 Winterthur, Obergasse 20, Zürich Switzerland	Tel/Fax: 052 212 51 28			1		
38	Bodhichitta Zentrum	Contact: Ruth Zagrosek 4125 Riehen, Burgstr. 27, Basel, Switzerland	Tel/Fax: 061 641 34 97 Email: riedtma@ibm.net				1	
39	Zentrum für Buddhismus	(Changchub Shenphen Ling)Reiterstrasse 2 Bern CH-3013 Switzerland	Email: webmaster@zentrumfuerbuddhismus.ch				1	
40	Stiftung zur Erhaltung der Mahayana Tradition	Contact: Ruth Hofer, Bern, Switzerland	Tel: 031 301 41 24 Email: ruhofer@bluewin.ch				1	
41	Genève	Maguy Bouget 1213 Onex-Genève, 14, ch. Genève, Switzerland	Tel/Fax: 022 793 43 69				1	
42	Lho Gyu Shertchine Ling	Dominique Garbani 1227 Carouge, Tir au Canon 5, Genève, Switzerland	Tel/Fax: 022 342 81 52				1	
43	Zentrum für Kadampa Buddhismus Chur	Tittwiesenstr. 82, Chur GR 7000, Switzerland	Tel: +41 52 208 70 51 Email: vairochana_switzerland@yahoo.com				1	

44	Healing Jewel Of Medicine Buddha's Compassion	Contact: Antonia Dechen Strub-Tusch CH-8320 Fehraltorf, Hintere Grundstrasse 2 , Zürich, Switzerland	Tel/Fax: 01 951 16 01, Fax 01 955 17 02 Email: healing-jewel@healing-jewel.ch				1	
45	Samye Dzong Zürich	Contact: Lea Wyler 8121 Benglen, Sonnenhof 5, Switzerland	Tel/Fax: 01 826 07 07				1	
46	Tse Tschen Ling	Contact: Sonja Rüttner-Cova 8044 Zürich, Tobelhofstr. 24, Switzerland	Tel/Fax: 01 251 72 81				1	
47	Gendun Drupa Centre	114 rue de Muraz 3960 Muraz/Sierre, Switzerland	Tel: (41) 27 455 79 24 or (41) 27 776 17 21 Email: info@gendundrupa.ch				1	
48	Longku Center	Reiterstr. 2 Bern 3013, Switzerland	Tel: 41 31 3325723 Email: info@fpmt.ch				1	
49	Centre Vimalakirti	Ch. + P. Genoud 1202 Genève, 5 rue du Colombier	Tel/Fax: 022 345 12 51					1
50	Dharma Ling de Genève	Contact: Myrta Burkhalter 1202 Genève, 15, rue Liotard	Tel/Fax: 022 340 30 86					1

USA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Kurukulla Tibetan Center	Geshe Ngawang Tenley Head Teacher 68 Magoun Ave Medford, MA 02155	Phone: 617-624-0177 Fax: 678-868-4806 Email: director@kurukulla.org Url: www.kurukulla.org				1	

2	Drikung Meditation Center	Ven. Lama Konchok Sonam Spritual Director 15 Bartlett Avenue Arlington, MA 02476 Url: www.drikungboston.org	Phone: 888-390-5580 Email: info@drikungboston.org			1		
3	Sakya Center	Lama Migmar Tseten Fouunder & Teacher 59 Church Street, Unit 3 Cambridge, MA 02138	Phone: 617-256-3904 Email: sakyacenter@me.com Url: www.sakya.net		1			
4	Drikung Dharma Surya Center	5300 Ox Road Fairfax, Virginia 22030	Email: drikungdharmasurya@gmail.com www.drikungdharmasurya.org			1		
5	Tibetan Meditation Center	9301 Gambrill Park Rd Frederick, MD 21702	Phone: 301.473.5750 www.drikungtmc.com			1		
6	Tashi Choeling Buddhist Center	1889 Fiddlestick lane Charlottesville Va 22903	E-mail: tcbc@tcpci.org				1	
7	The Tibetan Society	118 Olinda Drive Charlottesville va 22903	E-mail: Jts108va@aol.com					1
8	Ligmincha Institute	554 Drumheller lane Shipman Va 22971	E-mail: office@ligmincha.org					1
9	Do Ngak Kunphen Ling	Khensur Rinpoche Lobsang Jamyang 30 Putnam park rd Redding, CT 06896	phone ; 203-664-1574 Email; info@dnkldharma.org	1				
10	Chenrezig Tibetan Buddhist center	Khensur Rinpoche Lobsang Tenzin 7 Park Place, Middletown, CT 06457	Tel: 860-346-6136 Email: secretary@chenrezigcenter.com					
11	Namgyal Monastery Institute of Buddhist Studies	PO Box 127 Ithaca, NY 14851	(607) 273-0739 phone (607) 256-5132 fax office@namgyal.org					1

12	Jewel Heart	Gelek Rinpoche 1129 Oak Valley Dr Ann Arbor, MI 48108	By phone: 734-994-3387 Email: info@jewelheart.org				1	
13	Tergar Meditation Center	(Mingyur Rinpoche) 706 N 1st St Minneapolis, MN 55401	(952) 232-0633 info@tergar.org			1		
14	The Minnesota Sakya Center	619 8th Street SE, Unit # 112 Minneapolis, MN 55414	Email: mnsakya@mac.com		1			
15	Gyuto Wheel of Dharma Monastery	2601 Taylor Street NE Minneapolis, MN 55418	Phone: 612-724-3124 Gyuto.us@gmail.com				1	
16	Sera Jey Buddhist Culture Center	Geshe Lobsang Ngodup P.O. Box # 4351 Sunnyside, NY 11104, USA	Tel: 917-605-7109,347-301-4688 Email: serajeyusa@yahoo.com Website: www.serajey.org				1	
17	Bon Shen Ling	Chongrul Rinpoche 2280 Eighth Avenue #3E New York, NY 10027	P: (917) 300-9254 E: info@bonshenling.org					1
18	Nechung Foundation	110 1 st Avenue, 5 th Floor New York, NY 10009 Contact: Kushok Pema Dorjee	Email: ppdorjee@yahoo.com Phone: 9174005840	1				
19	Dampa Sangye Dharma Center	4023 76 th St Elmhurst, NY 11373 Contact: Bhardok Chusang Rinpoche	Contact: Tashi Lhamo 646.884.2379					
20	Yeshe Nying Po	19 West 16 th Street New York, NY 10011	Phone: 212.691.8523 Email: ynyingpo@aol.com	1				

21	Chenrezig Tibetan Buddhist Center of Philadelphia	915 Spring Garden Street #114 Philadelphia, PA 19123.					1	
22	Maitrepa College Yangsi Rinpoche	Location: 1119 SE Market St. Portland, Oregon 97214	Phone: 503-235-2477	1				
23	Eugene Sakya Center	Ngaglo Rinpoche P.O. Box 7866 Springfield, OR 97475	Phone: 541-933-5861		1			
24	KSK Buddhist Center & Bodhi Stupa	3777 KSK Lane Santa Fe, NM 87507	Phone: 505-471-5336 Email: nobletruth@earthlink.net Url: www.nobletruth.org			1		
25	Thubten Norbu Ling Tibetan Buddhist Center	Religious Organization 1807 2nd Street, Santa Fe, NM 87505	(505) 660-7056				1	
26	Pema Khadroling	1221 Luisa St, Ste A Santa Fe NM	santafe@ewam.org Hannah 203 -451-5969					
27	Tsechen Namdroling		santa.fe_sakya@yahoo.com		1			
28	Sakya Monastery Khenpo Jampa Tenphel	108 NW 83rd Street Seattle, WA 98117 USA	Tel: (206) 789-2573 Fax: (206) 789-3994 Monastery@Sakya.org		1			
29	Nalanda West	3902 Woodland Park Ave N Seattle, Washington 98103	206.529.8258 info@nalandawest.org					
30	Gaden Shartse Thubten Dhargye Ling	3500 E, 4 th St Long Beach, CA 90814	562.621.9865, 562.621.9061 (F) office@gstdl.org, www.gstdl.org				1	
31	Gaden Shoeling Center	14041 Olive Street Westminster, CA 92683	714.891.5456 www.gadenshoeling.com				1	

32	Chokhor Gepel Ling	Southern California	626.823.0451, 424.228.4255 office@chokhor.org www.chokhor-gepel-ling.org					
33	Land of Enlightened Wisdom (Kunken Yeshe Ling)	1317 North Park Avenue Pomona, CA 91768	626.698.4756, 909.622.3297 www.landofenlightenedwisdom.org					
34	Nechung Dharmapala Center (New)	Geshe Gyaltzen 347.656.1412 515 N. Crescent Heights Blvd Los Angeles, CA 90048		1				
35	Drikug Kyobpa Choling	1600 Sheridan PL. 92027 Escondido California	760.738.0089, 760.738.1122 (F) www.drikungkagyu.org			1		
36	Vairotsana Foundation, Santa Barbara	1524 Anacapa St Santa Barbara, CA 93101 Mailing Address: P.O. Box 4361 Santa Barbara, CA 93140	805.899.8177 vairotsana.org@gmail.com www.vairotsana.org					
37	LAND OF COMPASSION BUDDHA [Gelug]	location: 2322 E. Cortez St, West Covina, CA 91791	Tel: (626)339-3709 Spiritual Director: Khen Rinpoche Lobsang Tsephel Contact: Lin Chen (Director) E- mail: teachings@compassionbuddha.org Website: www.compassionbuddha.org				1	
38	Ari Bhöd [Nyingma]	75 S. Grand Ave. Suite 217 Pasadena, CA 91105 Phone: (626) 564-0702 Spiritual Director: Late Lama Chodak Gyatso Nubpa	Contact: Linnea Nan Email: contact@aribhod.org Website: http://aribhod.org	1				

39	TSECHEN CHOKHOR LING [Sakya]	12037 Clark St, Arcadia, CA 91006	Phone (626) 831-4413 Spiritual Director: Ven. Lama Kalsang Gyaltsig Contact: Oliver Tan Email: tsechenchokhorling@ya hoo.com Website: www.sakyatemple.org		1			
40	VAIROTSANA FOUNDATION [Nyingma]	10311 Kern Ave, Garden Grove, CA 92843	Phone: (714)725-0789 Spiritual Director: Bhakha Tulku Rinpoche (local) Contact: MaiThy Lam Email: maithylam@yahoo.com Website: www.vairotsana.org/ce nters/gardengrovecenter.htm	1				
41	Deer Park Buddhist Center	Geshe Tenzin Dorjee Deer Park Buddhist Center Oregon, Wisconsin 53575	608.835.5572 deerpark@tds.net				1	
42	Marpa Gumpa Meditation Society	Karma Thinley Rinpoche Calgary, Alberta	(403) 240-9836, (403) 283-0195 E-mail: information@marpa- gumpa.org			1		
43	Karma Tashi Ling Meditation Society	10502 - 70 Avenue Edmonton, AB, T6H 2E9	Phone: 780-633-6157 Website: www.karmatashiling.ca Resident teacher: Ani Kunsang			1		
44	Gaden Samten Ling Tibetan Buddhist Meditation Society	Spiritual director: Kushok Lobsang Dhamchoe 11403-101 Street Edmonton, Alberta, T5G 2A9	Tel: 780-479-0017 Email: info@gasamling.ca URL: http://www.gasamling.ca					
45	Jam Tse Choling Tibetan Buddhist Temple	Geshe Triley Gyatso TTha 96 Whitehaven Crest N.E. Calgary, AB T1Y6C5	403.470.9976				1	

VENEZUELA

S.No	Name of the Centres	Postal address	Phone No./ Email	Religious Schools				
				Nyingma	Sakya	Kagyu	Gelug	Secular
1	Karma Thegsum Choling	Av. Libertador Ed. 47 Caracas, Miranda, Venezuela	Tel: (582) 731-0338, Fax: 284-5283 Email: c-ktc@hotmail.com			1		
2	Dzogchen Community Tashigar Norte	Calle Bolivar Nro 32 VALle de Pedro Gonzalez Municipio Gomez, Isla de Margarita	Phone: 58-295 415 5800 Email: tashigarnortesecretary@gmail.com www.tashigarnorte.org	1				